



Board of Directors

Hybrid Meeting Agenda

August 11th, 2022

Board of Directors Members Present:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Revisions to the Agenda** – Chair
- 3. Approval of the June 9th, 2022, Minutes, Motion #22-38** – Chair..... Attachment
 - *Note: There was no meeting in July, so no minutes are available*
- 4. Comments & Announcements from the Chair**
- 5. Reports from Members**
- 6. Comments from the Public**
- 7. Compensation Works Assessment Presentation**
- 8. Report from the Advisory Board** Attachments
- 9. Report from the Finance Officer** Attachments
- 10. Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a member.

Motion #22-39

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from June 1st, 2022, through June 30th, 2022, in the amount of \$2,445,222.15.
- Payroll for the month of June in the amount of \$168,666.30 and associated employer benefits in the amount of \$72,846.21.

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from July 1st, 2022, through July 31st, 2022, in the amount of \$3,948,649.08.
- Payroll for the month of July in the amount of \$168,150.42 and associated employer benefits in the amount of \$91,024.19.

11. Action Items

For Board Approval

Summary:

Department of Commerce-Community Behavioral Health Rental Assistance

The funding for rental assistance is provided by the Department of Commerce. All five counties have received CBRA funds for individuals discharging from inpatient/residential/corrections facilities. The rental assistance is intended to stabilize the individual in permanent supportive housing; however, short term housing can be accessed with these funds until a long-term housing solution is found. Three providers requested additional funds for case management funded through our federal block grant. The CBRA and FBG funding is renewable and is provided in six-month allocations. The providers and funding for each county are listed below.

- Island County-Pioneer Human Services \$140,182
- San Juan County-Compass Health \$68,227
- Skagit County-Lifeline Connections (HARPS provider) \$88,523
- Snohomish County-Compass Health \$674,685 and Bridgeways \$122,187
- Whatcom County-Lifeline Connections (HARPS provider) \$188,249 and Lake Whatcom Center \$209,724

Motion #22-40

- North Sound BH-ASO-PHS-CBRA-22-23 to provide the CBRA rental assistance and case management services in Island County in the amount of \$140,182.00. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Bridgeways-CBRA ICN-21-23 to provide the CBRA rental assistance and case management services in Snohomish County in the amount of \$122,187.00. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-MHBG-21-23 Amendment 4 to provide the CBRA rental assistance in Skagit County and Whatcom County in the amount of \$88,523.00 and \$188,249.00, respectively. The contract term is November 1, 2021, through June 30, 2023,

with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Compass Health-CBRA ICN-21-23 to provide the CBRA rental assistance in San Juan and Snohomish Counties and case management services in San Juan County in the amount of \$674,685.00 and \$68,227.00, respectively. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom-CBRA ICN-21-23 to provide the CBRA rental assistance in Whatcom County in the amount of \$209,724.00. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Summary:

Lake Whatcom Center (LWC)

Lake Whatcom is the provider for the COVID behavioral health services, serving Whatcom County. This funding is from Health Care Authority contract K7455.

Motion #22-41

- North Sound BH-ASO-LWC-COVID PSC-20-23 to provide behavioral health services to individuals experiencing behavioral health challenges due to the pandemic. The maximum consideration on this amendment is \$94,000. The contract term is December 1, 2020, through June 30, 2023, based on continued compliance with the terms of the contract

For Board of Directors Ratification

Summary:

Health Care Authority

HCA is renewing the COVID mental health and substance use grant for individuals affected by COVID-19 and struggling with their mental health wellness and/or experiencing problematic substance use.

Motion #22-42

Health Care Authority-North Sound BH-ASO-K7455 Amendment 2 for the provision of behavioral health services. The term of this amendment is July 1, 2022, through June 30, 2023. The maximum amount on this amendment is \$94,000.

Summary:

Tulalip Tribes-Family Haven

Family Haven receives Federal Block Grants funds for an at-risk youth program focusing on reengaging the youth in behavioral health services, school, and family connections. (\$74,850)

Motion #22-43

- North Sound BH-ASO-Family Haven-MHBG-19-23 Amendment 4 to provide intervention and support to at-risk youth. The contract term is September 12, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Summary:

Recovery Navigator Program (RNP)

Recovery Navigator Program is a legislative proviso delineated in the Blake Bill (ESB 5476), the funding is to establish a RNP in all five counties. The RNP is an outreach and engagement service to individuals with substance use disorders, co-occurring disorders who are risk of arrest and/or have frequent contact with law enforcement. Services include, but are not limited to, facilitation and coordination of community resources, coordination and communication with law enforcement, prosecutors, program staff and other partners. Intensive case management and care coordination are the cornerstones of the services.

- Snohomish County’s contract has been approved previously with the full annual funding.

Motion #22-44

- North Sound BH-ASO-Island County-RNP-22-23 for the provision of RNP services in Island County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Community Action of Skagit County-RNP-22-23 for the provision of RNP services in Skagit County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-RNP-22-23 for the provision of RNP services in San Juan County. The annual funding for this contract is \$528,855. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Whatcom County-RNP-22-23 for the provision of RNP services in Whatcom County. The annual funding for this contract is \$512,455. The contract term is March 1, 2022, through February 28, 2023, with an automatic one-year renewal on March 1, 2023, based on continued compliance with the terms of the contract

12. Introduction Items

Personnel

Assisted Outpatient Treatment (AOT) Coordinator

- Health Care Authority has funded a Full Time Equivalent (FTE) to coordinate the AOT program in the North Sound region. Assisted Outpatient Treatment is an order for Less Restrictive Alternative Treatment, this position will coordinate with local courts, behavioral health providers and Health Care Authority. The funding available for this position is \$140,000 annually.

Accountant

- During our succession planning process, we decided it would be prudent to add an accounting position to the 2023 ASO budget. With increases in funding, the complexity of

the funding and frequent reporting it is a high priority for the organization. We anticipate recruitment will begin in early 2023.

Child/Youth Mobile Crisis Team

- We have concluded the Child/Youth Mobile Crisis Team Request for Qualifications. The evaluation team met on August 4th and is recommending the Compass Health as the successful bidder for serving Skagit, Snohomish, and Whatcom counties.

13. Report from the Executive Director Attachments

14. Adjourn

Next Meeting: September 8th, 2022



Board of Directors

Hybrid Meeting Agenda

June 9th, 2022

Board of Directors Members Present:

- **Peter Browning Chair**, Commissioner, Skagit County; Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Cindy Wolf**, Council Member, San Juan County; Vice Chair
- **Cammy Hart-Anderson**, Snohomish County Human Services; designated alternate for Dave Somers, Snohomish County Executive
- **George Kosovich**, Skagit County Public Health; designated alternate for Peter Browning
- **Nicole Gorle**, Legislative Analyst, Snohomish County; designated alternate for Nate Nehring, Snohomish County Council
- **Pat O'Maley Lanphear**, North Sound BH-ASO Advisory Board, Vice Chair
- **Jackie Mitchell**, Behavioral Health Program Specialist, Whatcom County, designated alternate for Satpal Sidhu
- **Darcy Cheeseman**, Legislative Aid to Council Member, Sam Low

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Director, North Sound BH-ASO
- **Darrell Heiner**, Senior Accountant, North Sound BH-ASO
- **Joanie Wenzl**, Clerk of the Board, North Sound BH-ASO

Guests Present:

None

Call to Order and Introductions – Chair

Chair Browning called the meeting to order and initiated introductions of the attendees who participated in person as well as those who participated via Zoom

Revisions to the Agenda – Chair

The Chair asked that a revision to the agenda be made due to the ASO’s server room being in jeopardy of potentially having to go offline (un-announced) because of an air conditioner water leak near the servers. The revision was to move the Action Items to the top of the agenda. The Board approved.

Approval of the May 12th, 2022, Minutes, Motion #22-26 – Chair.... Attachment

The Chair asked if there were any revisions to the May Minutes, there were none. Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-26 carried.

Comments & Announcements from the Chair

The Chair noted that he had been out for a while and is glad to be back. He also added that Skagit County is struggling with housing and noted we need to be thoughtful regarding new businesses opening in Skagit. He also mentioned Skagit County is hoping to host an event on substance use disorder (SUD) fentanyl use. Discussion followed. Joe Valentine added that the ASO could assist. He said he can assign ASO staff to work with appropriate regional SUD providers who work with the folks who have the needed knowledge and data.

Reports from Members

- **San Juan:** 16% growth in county population. There are housing tension issues due to those leaving the island
- **Snohomish:** Managed Care Organizations (MCOs)-conversations are taking place regarding SUD issues; two Designated Crisis Responders (DCRs) were hired; Gov. Inslee toured the Behavioral Health Treatment Center; Sheriff’s Department is now a more specialized unit as of June 16th
- **Skagit:** Co-responder model is working with the IMPACT in-house team; the needs assessment housing and behavioral health project is underway (North Star Project) there is limited capacity; Martha’s place is still under construction and will be open early next year
- **Island:** No board member in attendance today
- **Whatcom:** There are upticks in behavioral health issues in the county; struggles with hospital discharges and workforce issues with the response systems division

Comments from the Public

There were no comments from the public

Report from the Advisory Board (there was no meeting in June)

Pat O’Maley Lanphear, Advisory Board (AB) Chair, noted that the AB will be having their annual retreat in July and discussing their advocacy and support to the ASO for upcoming future (1–5-year plan)

Report from the Finance Officer (Available at Meeting) Attachment

Joe Valentine gave the report from the Finance Officer and answered questions from Board members

Report from the Governance Operations Committee

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda (Available at Meeting)Attachment

Motion #22-27

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from May 1st, 2022, through May 31st, 2022, in the amount of \$2,424,416.22.
- Payroll for the month of May in the amount of \$166,006.50 and associated employer benefits in the amount of \$73,592.15.

Peter Browning moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-27 carried

Action Items

For Board Approval

Summary:

Homeless Outreach Stabilization and Transition Team (HOST)

Evergreen Recovery Centers was the successful bidder for the HOST Request for Qualifications (RFQ). The evaluation team met and reviewed the proposal and recommended the ASO move forward with a contract. The annual funding for this project is \$956,080 in GF-S funds.

Motion # 22-28

- North Sound BH-(AS)-ERC-ICN-19-23 Amendment 7 for the provision of a HOST services in Snohomish County. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year

renewal on July 1, 2023, based on continued compliance with the terms of the contract

Cammy Hart Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-28 carried

Summary:

Health Care Authority

K-4949 is providing the GF-S funding for the period of July 1, 2022, through December 31, 2022, and Federal Block Grant funds for the period of July 1, 2022, through June 30, 2023.

New GF-S funding is expected for the period of July – December 2022, however the details have not been finalized by HCA to date.

Motion #22-29

- HCA-NS BH-ASO-K-4949-Amendment 5 providing the ASO GF-S funding and legislative provisos for the period of July 1, 2022, through December 31, 2022, and Federal Block Grant Funding for the period of July 1, 2022, through June 30, 2023.

Cindy Wolf moved the motion for approval, Jackie Mitchell seconded, all in favor, motion #22-29 carried

Summary

Housing and Recovery through Peer Support Services

K-5390 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting. Amendment #3 is one time funding for Housing Subsidies to be expended by June 30, 2022.

Motion #22-30

- HCA-NS BH-ASO-K5390-22-23 Amendment 1 for the purpose of funding an additional Peer on the HARPS team. The maximum amount on this amendment is **\$80,000** effective upon execution through March 14, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 2 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is **\$616,440** with a term of July 1, 2022, through June 30, 2023.
- HCA-NS BH-ASO-K5390-22-23 Amendment 3 for the purpose of one-time funding for HARPS subsidies. The maximum amount on this contract is **\$200,000** with a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-30 carried

Summary:

Department of Commerce

Department of Commerce contract for Community Behavioral Health Rental Assistance (CBRA) is renewing our contract for fiscal year 2023 to support individuals with behavioral health disorders needing housing. These subsidies are intended to support individuals until a permanent housing option is found. The funding allocation is the same as FY 2022.

Motion #22-31

- Department of Commerce-North Sound BH-ASO-#23-46409-002 for the provision of housing subsidies in the North Sound Regional Service Area. The maximum consideration on this contract is **\$1,366,830** for a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion # 22-31 carried

**

Summary:

Bellingham School District

The legislature provided funding for Whatcom County Schools to establish a Trauma Informed Counseling program in schools eligible for high-poverty allocations from the learning assistance program. The Bellingham School District #501 will serve the Bellingham area and Compass Health will serve county-based schools.

The funding for this project is **\$300,000** annually, because we have a reserve of funding due to the difficulty in finding providers, we are asking for approval at the June meeting. The total funding for fiscal year 2022 and 2023 is **\$600,000**. The funding was distributed based on proposals presented to Whatcom County Human Services by Bellingham School District and Compass Health. This funding is not renewable, the county is exploring ongoing funding post June 30, 2023.

Motion #22-32

North Sound BH-ASO-Bellingham School District-ICN-22-23 for the provision of trauma informed counseling in the identified high-poverty Bellingham Schools. The maximum consideration on this contract is \$265,338 with a term of July 1, 2022, through June 30, 2023.

North Sound BH-ASO-Compass Health-ICCN-19-23 Amendment 9 for the provision of trauma informed counseling in the identified high-poverty Whatcom County Schools. The maximum consideration on this contract is \$334,662 with a term of July 1, 2022, through June 30, 2023.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-32 carried

Summary:

GF-S Mandatory Services

The following contracts are providing mandatory behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Community Action of Skagit County (CASC)
 - Ombuds Services (services for July 1, 2022-October 1, 2022)
- Sea Mar
 - Assisted Outpatient Treatment
- Lifeline Connections
 - PACT
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Cannabis Account
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

Motion #22-33

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Telecare-ICCN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, all in favor, motion #22-33 carried

Summary:

SABG and MHBG Mandatory Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies

- Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder Incarceration Transition Pilot,
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #22-34

- NS BH-ASO-Brigid Collins-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CCS NW-ICN-19-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-19-23 Amendment 10 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-20-23 Amendment 4 to provide additional funding to the Peer Path Finder services under this contract. The contract term is July 1, 2019, through June 30, 2023 with an automatic one-year renewal on July 1, 2023 based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-19-22 Amendment 3 to provide additional funding to Peer Bridger services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Summary:

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
 - HARPS Team with Skagit & Whatcom subsidies
 - One-time HARPS subsidies expended prior to June 30, 2022
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services

Motion #22-35

- NS BH-ASO-Compass Health-ICCN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-City of Mount Vernon-Interlocal-23 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022,

through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

- NS BH-ASO-ERC-ICN-19-23 Amendment 7 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-19-23 Amendment 10 to provide the funding for co-responder services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-19-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-LWC-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-PHS-ICN-19-23 Amendment 9 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sea Mar-ICN-19-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-Sunrise Services-ICN-19-23 Amendment 3 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-19-23 Amendment 7 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract

Cammy Hart-Anderson moved the motion for approval, Cindy Wolf seconded, all in favor, motion #22-35 carried

Summary:

Professional Service Agreement

- Hands Up Project is a non-profit in Snohomish County assisting individuals with a behavioral health concerns access housing. The priority population is individuals exiting inpatient and/or residential facilities. This contract adds one-time funding of \$100,000 of HARPS subsidies to be expended by June 30, 2022. It also continues funding the next 6-month period of federal block grant housing subsidies in the amount of \$200,000.

Motion #22-36

- North Sound BH-ASO-Hands Up-PSC-22 for the provision of housing subsidies to individuals in Snohomish County who are unhoused. The maximum consideration on this agreement is \$300,00, with \$100,00 expended by June 30, 2022. The term of this agreement is December 1, 2020, through December 31, 2022.

Discussion took place regarding this motion. It was noted by the chair that approval will take place with the amendment that the ASO will look into the accounting practices of Hands Up within the next 6 months.

Jackie Mitchell moved the motion for approval, Cindy Wolf seconded, all in favor of motion #22-36 with the amendment.

Summary:

Behavioral Health Needs Assessment

- Cumming Management Group will be providing Phase 0 of the Behavioral Health Needs Assessment: Project Mobilization, and Initial Work Plan.
- Phase 0 will consist of the following work:
 - Engagement management, team structure and coordination, project mobilization
 - Finalized scope, work plan, schedule, and deliverables (note this will be adjusted after the kickoff meeting)
 - Information request and list of data resources to be utilized
 - Key stakeholder interview list and associated discussion guide
 - Final proposed project fee

Motion #22-37

- NS BH-ASO-Cumming-Agreement-22 for the purpose of engaging Cumming Management Group in a North Sound Behavioral Health Needs Assessment. The maximum consideration for Phase 0 is \$12,000 with an effective date of July 1, 2022

Discussion took place regarding this motion and the auditor regulations on the bidding process. Darrell and Joe will investigate this and bring the results back to the Board during the August meeting. The motion was moved by Cindy Wolf and seconded by Jackie Mitchell. All in favor, motion #22-37 carried.

Report from the Executive Director Attachment
Joe Valentine gave the Report from the Executive Director and answered questions from Board members

Adjourn 2:47 p.m.

Next Meeting: August 11th, 2022 (No July Meeting)



Advisory Board Brief

July 29, 2022

The Advisory Board met on July 26, and the following items were discussed:

— Advisory Board

- In person retreat was held at the Skagit Casino Resort Conference Center
- The purpose of the retreat this year was to discuss strategic planning.
- Discussions were around the below questions
 - Are we meeting the needs of the community?
 - What are we seeing in the community?
 - How do we get input from families and individuals that were and are in the behavioral health system?
- Board Goals were developed
 - Increase in workforce
 - Improve service delivery
 - Create a more diverse Board
 - Support the peer workforce
- Michael McAuley, North Sound BH-ASO; Clinical Director provided an in depth update on the Crisis System.

— Executive Director

- Joe reviewed the North Sound BH-ASO legislative priorities and strategic summary.

— Finance/Executive Committee

- The May and June Expenditures were passed and recommended to the Board of Directors for approval.



Advisory Board Brief

August 3, 2022

The Advisory Board met on August 2, and the following items were discussed:

— Advisory Board

- Vote occurred to accept Cathie Murphy's appointment to the Board. All were in favor. Cathie will be is a new member of the Board for Whatcom County.
- The Substance Use and Mental Health Block Grants were presented and discussed. A Motion was made to forward the block grants to Health Care Authority was passed.
- James Dixon, North Sound BH-ASO; Regional Recovery Navigator Coordinator, gave an update to the Board on the Recovery Navigator Program.
- It was determined to create an Ad Hoc Committee. This committee will begin creating a strategic plan. What was discussed to begin focusing on are
 - Peer support in the workforce development
 - Network Adequacy
- Washington Co-Occurring Disorders and Treatment Conference will be on October 10-11. Members were encouraged to attend.

— Executive Director

Joe reported on the following

- Activation of State-Wide 988 Line
- ASO/County Behavioral Health Legislative Priorities for 2023
- Crisis Service Update
- Transition of the OMBUDS Services Contract
- 2022 Strategic Plan Dashboard
- Succession Planning
- Facility Needs Assessment
- Update on RFP for Children and Youth Mobile Crisis Teams

— **Finance/Executive Committee**

- The May and June Expenditures were passed and recommended to the Board of Directors for approval.



NORTH SOUND BEHAVIORAL HEALTH ADVISORY BOARD

07-26-2022

MANAGING RISKS
IE. HIPAA, DATA ATTACKS

GOAL 3: USING DATA TO MEASURE
QUALITY MANAGEMENT PLAN
SYSTEM-WIDE CAPACITY ISSU

GOAL REVIEW PRIORITIES

GOAL 4: PHYSICAL/BEHAVIORAL INTEGRATION
SYSTEM-WIDE CAPACITY ISSUES
WORKFORCE DEVELOPMENT

GOAL 2: CONTINUOUS IMPROVEMENT CRISIS SERVICES
LOOK AT DATA
EXPANDING CO-RESPONDER TEAMS

ARE WE MEETING THE NEEDS OF THE COMMUNITY?

GOAL 5: SOCIAL INEQUITY and SYSTEMIC RACISM
TRAUMA IMPACTS OUR COMMUNITIES

GOAL 1: COMPLIANCE WITH CONTRACT
ADMINISTRATIVE RESPONSIBILITY

GOAL 6: ADVOCATE FOR FUNDING - BH NEEDS AT-RISK PERSONS
COUNTIES PROVIDE FUNDING INCLUDING FEDERAL MONIES

CREATING OUR ADVOCACY PLAN
LEGISLATIVE PRIORITIES
STREAMLINE FUNDING PARTNERSHIP
MCO REPORTING

QUESTIONS WE ARE HOLDING? WE

EXPANDING WORKFORCE
AB BOARD: STRIVING INFORMED EFFICIENCY BETWEEN AB and COMMUNITY

OUR PRIORITIES

NEW TREATMENT OPTIONS FOR OPIATES

HOUSING HOMELESSNESS

IMPROVE SERVICE DELIVERY

CRISIS ASSESSMENTS

DATA: EMPHASIS / OUTCOMES

MOVING BH FROM LAW ENFORCEMENT

HOW DO WE GET MORE CUSTOMER FEEDBACK?

NEED TO GET TO WORKERS

REDUCE STIGMAS

INVEST IN COMMUNICATION DEFICIT WITHIN COUNTY LEADERSHIP, HUMAN SERVICES, COMMUNITY GROUPS

USE OF 988 INSTEAD OF 911

IDENTIFY UNMET NEEDS

DIVERSION: HOW TO DIVERT

VARIED RESPONSES BY LAW ENFORCEMENT

LINKING OF SERVICES

NO ACCOUNTABILITY NO CONSEQUENCES FOR DRUG USE

ACKNOWLEDGE THE HARM

WHAT FEEDBACK IS NEEDED?

NOT ENOUGH SUPPORT FOR YOUTH

CHARITY FOUNDATION COORDINATION

SOCIAL BREAKDOWN IN COMMUNITIES

PROGRAMS COORDINATING SERVICES

WORK AT CREATING/ BUILDING A MORE DIVERSE BOARD

RECRUITMENT OUTREACH

CHARTER FOUNDATION COORDINATION

BUILD TRUE RELATIONSHIPS

EDUCATION

HOUSING HEALTH CARE SAFETY CREDIT CLASS

DOES YOUR RACE IMPACT?

HOW CAN WE BRIDGE GAPS IN EQUITY

LINKING OF SERVICES

NO ACCOUNTABILITY NO CONSEQUENCES FOR DRUG USE

ACKNOWLEDGE THE HARM

WHAT FEEDBACK IS NEEDED?

WANT QUALITATIVE DATA TO COMMUNICATE VALUE

BUILDING USER EXPERIENCE INTO OUR PLANNING

DIVERSITY RACIAL EQUITY INCLUSION UPDATE

EDUCATION
HOUSING
HEALTH CARE
SAFETY
CREDIT
CLASS

DEPLOY CRISIS TEAMS
USE SIMPLE LANGUAGE
ANNUAL CRISIS ASSESSMENT

CRISIS SERVICES MANAGEMENT
NEEDS AT ALL LEVELS

URGENT CARE MODEL
IMMEDIATE ACCESS TO CARE
ALL PIECES WORKING TOGETHER

CRISIS SERVICES
COVID HITS
WORKFORCE SHORTAGES

CRISIS SERVICES
RESPIRE SERVICE BAKED INTO PLAN ALLEGES
WHERE SHOULD WE BUILD CAPACITY?
PREVENTION / EARLY INTERVENTION
COMMUNITY EDUCATION WORKS
988
ROUTED TO CRISIS
CALL CENTER 32 STAFF
CHAT 49 STAFF

CRISIS SERVICES
RESPIRE SERVICE BAKED INTO PLAN ALLEGES
WHERE SHOULD WE BUILD CAPACITY?
PREVENTION / EARLY INTERVENTION
COMMUNITY EDUCATION WORKS
988
ROUTED TO CRISIS
CALL CENTER 32 STAFF
CHAT 49 STAFF

CRISIS SERVICES
RESPIRE SERVICE BAKED INTO PLAN ALLEGES
WHERE SHOULD WE BUILD CAPACITY?
PREVENTION / EARLY INTERVENTION
COMMUNITY EDUCATION WORKS
988
ROUTED TO CRISIS
CALL CENTER 32 STAFF
CHAT 49 STAFF

CRISIS SERVICES
RESPIRE SERVICE BAKED INTO PLAN ALLEGES
WHERE SHOULD WE BUILD CAPACITY?
PREVENTION / EARLY INTERVENTION
COMMUNITY EDUCATION WORKS
988
ROUTED TO CRISIS
CALL CENTER 32 STAFF
CHAT 49 STAFF

CRISIS SERVICES
RESPIRE SERVICE BAKED INTO PLAN ALLEGES
WHERE SHOULD WE BUILD CAPACITY?
PREVENTION / EARLY INTERVENTION
COMMUNITY EDUCATION WORKS
988
ROUTED TO CRISIS
CALL CENTER 32 STAFF
CHAT 49 STAFF



North Sound Behavioral Health Administrative Services Organization August 11th, 2022 Board of Directors Financial Notes

HIGHLIGHTS

1. The Budget to Actuals Looks pretty good. Our state funds are still showing a large positive variance even though we haven't received July's payment. Inpatient Treatment is still over budget, Mental Health crisis stabilization is currently showing a large variance, and Withdrawal Management is continuing to increase. HARPS and DOC housing is showing a large variance, I believe this is due to underestimating the expense and revenue when I built the budget, it may require a budget amendment later in the year, since this is an expense reimbursement program there won't be any financial impact. Most of the large positive expense variances are due to programs not running yet. Other SUD services has a large positive variance due mainly to the Recovery Navigator programs getting a late start.
2. The Revenue and Expense statement is still showing a large income which is mainly due to the payment of the November amendment amounts in January and would be higher if we had received July's payment. I finished the 3/31/22 R&E report for the State, that analysis shows that most of our State fund balance is tied to Proviso dollars, our available fund balance actually decreased slightly due to covering the MCO shortfall.
3. The one thing to note is the Medicaid fund balance, it has all been drawn down and the negative fund balance will need to be covered with State General Fund dollars, which we have enough of to cover. The good news is that we have had meetings with all five MCOs and they have all agreed to increase their PMPM payments.
4. We have included a January to December projection of our revenues and expenditures to try and forecast possible areas of concern. There are some large projected variances including Inpatient, ITA Judicial, and Harps and DOC. Withdrawal Management and Crisis Stabilization are continuing to run higher than budgeted. The bottom line shows us as still running \$992,271 under budget for the year.

NOTES

1. We are presenting the financial statements for July 2022 for the Behavioral Health Administrative Services Organization (ASO).
2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.

3. The North Sound BH-ASO adopts “calendar year” budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.

4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].

5. Within ‘State General Funds’, allocations are further subdivided between general state funds, and the multiple “Proviso” funds allocated for specific services.

6. We have added two new lines at the bottom of the “Revenue and Expense” tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.

7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for JULY 2022*
BUDGET TO ACTUALS**

<u>REVENUES</u>	2022 Budget	YTD 2022 Budget	YTD 2022 Actual	Variance Favorable (Unfavorable)	
Intergovernmental Revenues					
HRSA	\$ 333,333	194,444	192,027	(2,418)	
MHBG	3,088,440	1,801,590	1,326,414	(475,176)	
SABG	5,339,865	3,114,921	3,010,869	(104,052)	
State Funds	25,083,404	14,631,986	17,147,652	2,515,666	Got Novemb
Medicaid (MCO)	5,102,632	2,976,535	3,337,384	360,849	
Total Intergovernmental Revenues	38,947,674	22,719,477	25,014,346	2,294,869	
Misc. Revenue **	0	0	227,771	227,771	Transfer fron
Interest Revenue	3,500	2,042	6,465	4,424	
TOTAL REVENUES	\$ 38,951,174	\$ 22,721,518	\$ 25,248,582	\$ 2,527,064	
<u>EXPENDITURES</u>					
Inpatient Treatment	\$ 1,150,000	670,833	\$ 1,038,221	(367,387)	Received an
ITA Judicial	2,300,000	1,341,667	1,343,843	(2,176)	
Crisis Services	14,639,597	8,539,765	7,438,295	1,101,470	
MH Crisis Stabilization	1,500,000	875,000	1,096,749	(221,749)	Appears to b
E&T Services	1,100,000	641,667	716,417	(74,750)	
E&T Discharge Planner	107,294	62,588	69,540	(6,952)	
Jail Services	367,536	214,396	177,102	37,294	
PACT Services	511,716	298,501	263,079	35,422	
MHBG Expenditures ***	1,371,893	800,271	528,521	271,750	
HARPS & DOC Housing	1,197,343	698,450	1,567,111	(868,661)	Budgeted to
DMA County Contracts	581,292	339,087	210,368	128,719	
SABG Expenditures ****	3,920,240	2,286,807	2,026,796	260,010	
Withdrawal Management	900,000	525,000	756,644	(231,644)	Running a b
HRSA	304,921	177,871	228,372	(50,501)	
Juvenile Drug Court	139,800	81,550	66,782	14,768	
Other MH Services *****	1,244,501	725,959	763,853	(37,894)	
Other SUD Services	3,046,419	1,777,078	504,648	1,272,430	Recovery Na
Ombuds	216,000	126,000	94,576	31,424	
Advisory Board	19,998	11,666	60	11,606	
Subtotal - Services	34,618,550	20,194,154	18,890,977	1,303,178	
Administration	4,332,624	2,527,364	2,231,638	295,726	
TOTAL EXPENDITURES	\$ 38,951,174	\$ 22,721,518	\$ 21,122,615	\$ 1,598,904	

Excess of Revenues Over (Under) Expenditure. \$ 4,125,967

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for JULY 2022***

REVENUES	YTD 2022 Totals	YTD 2022 Medicaid	YTD 2022 State	YTD 2022 MHBG	YTD 2022 SABG	YTD 2022 HRSA
Intergovernmental Revenues						
HRSA	192,027					192,027
MHBG	1,326,414			1,326,414		
SABG	3,010,869				3,010,869	
State Funds	17,147,652		17,147,652			
Medicaid (MCO)	3,337,384	3,337,384				
Total Intergovernmental Revenues	25,014,346	3,337,384	17,147,652	1,326,414	3,010,869	192,027
Misc. Revenue **	227,771		227,771			
Interest Revenue	6,465		6,465			
TOTAL REVENUES	\$ 25,248,582	\$ 3,337,384	\$ 17,381,888	\$ 1,326,414	\$ 3,010,869	\$ 192,027

EXPENDITURES

Inpatient Treatment	\$ 1,038,221		\$ 1,038,221			
ITA Judicial	1,343,843		1,343,843			
Crisis Services	7,438,295	3,970,154	2,733,698	307,398	427,046	
MH Crisis Stabilization	1,096,749		738,899	357,850		
E&T Services	716,417		716,417			
E&T Discharge Planner	69,540		69,540			
Jail Services	177,102		177,102			
PACT Services	263,079		263,079			
MHBG Expenditures ***	528,521			528,521		
HARPS & DOC Housing	1,567,111		1,567,111			
DMA County Contracts	210,368		210,368			
SABG Expenditures ****	2,026,796				2,026,796	
Withdrawal Management	756,644		532,092		224,552	
HRSA	228,372					228,372
Juvenile Drug Court	66,782		66,782			
Other MH Services *****	763,853		763,853			
Other SUD Services	504,648		504,648			
Ombuds	94,576	70,043	24,533			
Advisory Board	60		60			
Subtotal - Services	18,890,977	4,040,196	10,750,245	1,193,769	2,678,394	228,372
Administration	2,231,638	477,278	1,727,382			26,978
TOTAL EXPENDITURES	\$ 21,122,615	\$ 4,517,475	\$ 12,477,627	\$ 1,193,769	\$ 2,678,394	\$ 255,350

Net Income \$ 4,125,967 \$ (1,180,090) \$ 4,904,261 \$ 132,645 \$ 332,475 \$ (63,324)

Beginning Fund Balance 12/31/21 5,704,731 531,177 6,219,280 (96,902) (942,437) (6,387)
Ending Fund Balance 9,830,698 (648,913) 11,123,542 35,742 (609,962) (69,710)

Note: State Fund Balance also includes Proviso Fund Balances which are designated for specific expenditures

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue are paid on an expense reimbursement method. Expenses are recognized when the bill is received.

**NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORG
PROJECTED REVENUE and EXPENSE STATEMENT for JANUARY to DECE
BUDGET TO ACTUALS**

<u>REVENUES</u>	2022 Budget	2022 Projected Actual	Variance Favorable (Unfavorable)
Intergovernmental Revenues			
HRSA	\$ 333,333	384,054	50,721
MHBG	3,088,440	2,314,294	(774,146)
SABG	5,339,865	5,268,870	(70,995)
State Funds	25,083,404	30,384,729	5,301,325
Medicaid (MCO)	5,102,632	6,091,518	988,886
Total Intergovernmental Revenues	38,947,674	44,443,465	5,495,791
Misc. Revenue **	0	227,771	227,771
Interest Revenue	3,500	7,906	4,406
TOTAL REVENUES	\$ 38,951,174	\$ 44,679,141	\$ 5,727,967

EXPENDITURES

Inpatient Treatment	\$ 1,150,000	\$ 2,017,958	(867,958)
ITA Judicial	2,300,000	2,691,891	(391,891)
Crisis Services	14,639,597	13,148,578	1,491,019
MH Crisis Stabilization	1,500,000	1,949,409	(449,409)
E&T Services	1,100,000	1,282,208	(182,208)
E&T Discharge Planner	107,294	109,359	(2,065)
Jail Services	367,536	324,624	42,912
PACT Services	511,716	437,057	74,659
MHBG Expenditures ***	1,371,893	990,382	381,511
HARPS & DOC Housing	1,197,343	2,468,491	(1,271,148)
DMA County Contracts	581,292	391,179	190,113
SABG Expenditures ****	3,920,240	3,555,731	364,509
Withdrawal Management	900,000	1,301,874	(401,874)
HRSA	304,921	405,212	(100,291)
Juvenile Drug Court	139,800	87,663	52,137
Other MH Services *****	1,244,501	1,187,062	57,439
Other SUD Services	3,046,419	1,675,634	1,370,785
Ombuds	216,000	98,393	117,607
Advisory Board	19,998	5,060	14,938
Subtotal - Services	34,618,550	34,127,764	490,786
Administration	4,332,624	3,831,140	501,484
TOTAL EXPENDITURES	\$ 38,951,174	\$ 37,958,903	\$ 992,271

Excess of Revenues Over (Under) Expenditure. \$ 6,720,238

* THIS IS AN UNAUDITED STATEMENT

* Medicaid and State revenue are paid in advance. MHBG, SABG and SAMHSA revenue reimbursement method. Expenses are recognized when the bill is received.

** Room Rental Fees, Tribal Conference, Salish Contract

*** Includes Peer Bridger, PATH and COVID. Does not include Crisis or E&T

**** Includes Opiate Outreach, PPW Housing Supports and Per Pathfinder. Does not in

***** Includes CORS, AOT, Trueblood, FYSPRT, Outpatient Services

FINANZATION
NOVEMBER 2022*

Slow billing on Covid grants

Got November's off cycle amendment in January. Extra CBRA funds.
Increased rates for second half

Transfer from Skagit for E&T

Two large bills for \$348,156 in the first half of the year
Continuing to increase

Continuing to increase

Budgeted to low for CBRA housing funds

Running a bit high

Recovery Navigator Program had a late start

Still under budget overall

NORTH SOUND BH-ASO**Warrants Paid****June 2022**

Type	Date	Num	Name	Amount
Bill Pmt -Check	06/03/2022	547089	Brigid Collins	-10,370.99
Bill Pmt -Check	06/03/2022	547095	Catholic Community Services	-11,805.88
Bill Pmt -Check	06/03/2022	547096	CDW-G	-1,250.84
Bill Pmt -Check	06/03/2022	547101	Compass Health	-330.00
Bill Pmt -Check	06/03/2022	547104	Copy & Print Store	-43.52
Bill Pmt -Check	06/03/2022	547265	Department of Retirement Ser	-25.00
Bill Pmt -Check	06/03/2022	547122	Evergreen Recovery	-50,672.02
Bill Pmt -Check	06/03/2022	547083	Fairfax Hospital	-163,345.26
Bill Pmt -Check	06/03/2022	547218	Haggen/Safeway	-6.51
Bill Pmt -Check	06/03/2022	547164	Lake Whatcom Center	-207.08
Bill Pmt -Check	06/03/2022	547170	Lifeline Connections	-35,187.55
Bill Pmt -Check	06/03/2022	547219	Save on Storage	-990.00
Bill Pmt -Check	06/03/2022	547221	Sea Mar	-3,381.54
Bill Pmt -Check	06/03/2022	547231	Skagit County Public Health	-18,061.73
Bill Pmt -Check	06/03/2022	547239	Spokane County BHO	-725.00
Bill Pmt -Check	06/03/2022	547196	St Joseph Medical Center, Pe	-12,903.75
Bill Pmt -Check	06/03/2022	547249	Telecare Corporation	-24,027.31
Bill Pmt -Check	06/03/2022	547251	Therapeutic Health Services	-15,461.16
Bill Pmt -Check	06/03/2022	547250	Tulalip Tribes	-9,293.82
Bill Pmt -Check	06/03/2022	547258	US Bank	-3,967.92
Bill Pmt -Check	06/03/2022	547261	Verizon	-2,786.37
Bill Pmt -Check	06/03/2022	547075	Wellfound Behavioral Health F	-3,526.20
Bill Pmt -Check	06/10/2022	547305	Brigid Collins	-9,564.15
Bill Pmt -Check	06/10/2022	547328	Compass Health	-32,860.00
Bill Pmt -Check	06/10/2022	547330	Consejo Counseling	-4,745.47
Bill Pmt -Check	06/10/2022	547373	Island County Human Services	-127,370.66
Bill Pmt -Check	06/10/2022	547402	Lifeline Connections	-101,926.45
Bill Pmt -Check	06/10/2022	547423	NAVOS	-4,411.55
Bill Pmt -Check	06/10/2022	547431	Office Depot	-38.50
Bill Pmt -Check	06/10/2022	547412	Osborne, Michelle, JD Associ	-7,000.00
Bill Pmt -Check	06/10/2022	547466	Sea Mar	-1,999.05
Bill Pmt -Check	06/10/2022	547536	Smokey Point Behavioral Hospi	-4,936.68
Bill Pmt -Check	06/10/2022	547492	Snohomish Co Human Service	-334,569.61
Bill Pmt -Check	06/10/2022	547498	SRS Property Management	-10,952.00
Bill Pmt -Check	06/10/2022	547510	Swedish Edmonds	-19,595.20
Bill Pmt -Check	06/10/2022	547516	Telecare Corporation	-42,013.37
Bill Pmt -Check	06/10/2022	547520	Thurston Mason-BHO	-10,768.00
Bill Pmt -Check	06/10/2022	547381	Valentine, Joe - Reimb	-43.91
Bill Pmt -Check	06/17/2022	547581	Access	-1,168.71
Bill Pmt -Check	06/17/2022	547602	Carasoft Technology Corp	-3,388.05
Bill Pmt -Check	06/17/2022	547608	CDW-G	-837.29
Bill Pmt -Check	06/17/2022	547618	Compass Health	-15,434.42

NORTH SOUND BH-ASO**Warrants Paid****June 2022**

Bill Pmt -Check	06/17/2022	547619	Compensation Works	-1,000.00
Bill Pmt -Check	06/17/2022	547621	Consejo Counseling	-1,511.31
Bill Pmt -Check	06/17/2022	547596	Fairfax Hospital	-10,684.35
Bill Pmt -Check	06/17/2022	547637	Firstline Communications (All I	-1,069.14
Bill Pmt -Check	06/17/2022	547670	Lake Whatcom Center	-135,765.51
Bill Pmt -Check	06/17/2022	547672	Lifeline Connections	-25,460.54
Bill Pmt -Check	06/17/2022	547641	Lippman, Glenn	-4,593.75
Bill Pmt -Check	06/17/2022	547683	Mount Baker Presbyterian Chu	-2,335.50
Bill Pmt -Check	06/17/2022	547720	Sea Mar	-4,891.64
Bill Pmt -Check	06/17/2022	547741	Snohomish Co Juvenile	-35,082.67
Bill Pmt -Check	06/17/2022	547702	St Joseph Medical Center, Pea	-1,721.73
Bill Pmt -Check	06/17/2022	547759	Therapeutic Health Services	-8,757.72
Bill Pmt -Check	06/17/2022	547773	WA State Ferries	-7.40
Bill Pmt -Check	06/17/2022	547777	Wave Business	-601.20
Bill Pmt -Check	06/17/2022	547585	Wellfound Behavioral Health H	-7,757.64
Bill Pmt -Check	06/24/2022	547822	AT&T	-81.48
Bill Pmt -Check	06/24/2022	547825	Beacon	-6,744.00
Bill Pmt -Check	06/24/2022	547840	Cascade E&T	-20,055.36
Bill Pmt -Check	06/24/2022	547842	Catholic Community Services	-33,839.01
Bill Pmt -Check	06/24/2022	547858	Comcast	-364.84
Bill Pmt -Check	06/24/2022	547859	Community Action of Skagit Co	-110,713.84
Bill Pmt -Check	06/24/2022	547860	Compass Health	-727,630.61
Bill Pmt -Check	06/24/2022	548113	Hand up Project, The	-140,609.82
Bill Pmt -Check	06/24/2022	547795	NSBHO-FSA	-40,000.00
Bill Pmt -Check	06/24/2022	548010	NW ESD 189	-7,420.19
Bill Pmt -Check	06/24/2022	548016	Office Depot	-29.98
Bill Pmt -Check	06/24/2022	548031	St Joseph Medical Center, Pea	-1,344.40
Bill Pmt -Check	06/24/2022	548166	Whatcom Co Superior Court	-9,656.00
Bill Pmt -Check	06/24/2022	IGT	Skagit County Auditor	-3,500.00
				<u>-2,445,222.15</u>
				<u>-2,445,222.15</u>
				<u>-2,445,222.15</u>

NORTH SOUND BH-ASO**Warrants Paid****July 2022**

Type	Date	Num	Name	Amount
Bill Pmt -Check	07/01/2022	548194	American Behavioral Health Syste	-650.00
Bill Pmt -Check	07/01/2022	548398	Bellingham Mediation	-2,214.00
Bill Pmt -Check	07/01/2022	548220	Catholic Community Services	-11,169.02
Bill Pmt -Check	07/01/2022	548233	Compass Health	-173,637.24
Bill Pmt -Check	07/01/2022	548234	Consejo Counseling	-3,006.86
Bill Pmt -Check	07/01/2022	548257	Evergreen Recovery	-41,071.50
Bill Pmt -Check	07/01/2022	548207	Fairfax Hospital	-2,136.87
Bill Pmt -Check	07/01/2022	548309	Foster, Katherine	-915.00
Bill Pmt -Check	07/01/2022	548268	Frontline Cleaning Services LLC	-650.00
Bill Pmt -Check	07/01/2022	548293	Island County Human Services	-58,979.79
Bill Pmt -Check	07/01/2022	548322	Lake Whatcom Center	-43,844.14
Bill Pmt -Check	07/01/2022	548325	Lifeline Connections	-94,176.26
Bill Pmt -Check	07/01/2022	548372	Pioneer Center	-100,083.84
Bill Pmt -Check	07/01/2022	548378	Providence-Everett	-2,846.24
Bill Pmt -Check	07/01/2022	548392	Sea Mar	-9,123.37
Bill Pmt -Check	07/01/2022	548464	Smokey Point Behavioral Hospital	-4,231.44
Bill Pmt -Check	07/01/2022	548424	Swedish Edmonds	-4,872.40
Bill Pmt -Check	07/01/2022	548431	Telecare Corporation	-53,987.00
Bill Pmt -Check	07/01/2022	548456	US Bank	-386.49
Bill Pmt -Check	07/08/2022	548495	A-1 Mobile Lock & Key	-171.05
Bill Pmt -Check	07/08/2022	548508	American Behavioral Health Syste	-23,400.00
Bill Pmt -Check	07/08/2022	548532	Bridgeways	-45,815.43
Bill Pmt -Check	07/08/2022	548536	Carasoft Technology Corp	-117.50
Bill Pmt -Check	07/08/2022	548560	Consejo Counseling	-1,417.92
Bill Pmt -Check	07/08/2022	548522	Fairfax Hospital	-4,986.03
Bill Pmt -Check	07/08/2022	548603	Frontline Cleaning Services LLC	-640.00
Bill Pmt -Check	07/08/2022	548752	Haggen/Safeway	-36.04
Bill Pmt -Check	07/08/2022	548623	Island County Human Services	-9,442.72
Bill Pmt -Check	07/08/2022	548654	King County BHO	-57,097.43
Bill Pmt -Check	07/08/2022	548670	Lifeline Connections	-70,688.59
Bill Pmt -Check	07/08/2022	548726	Providence-Everett	-9,698.26
Bill Pmt -Check	07/08/2022	548753	Save on Storage	-510.00
Bill Pmt -Check	07/08/2022	548762	Shred-it	-114.41
Bill Pmt -Check	07/08/2022	548783	Snohomish Co Human Services	-535,995.41
Bill Pmt -Check	07/08/2022	548785	Spokane County BHO	-725.00
Bill Pmt -Check	07/08/2022	548786	SRS Property Management	-10,952.00
Bill Pmt -Check	07/08/2022	548808	Telecare Corporation	-13,241.13
Bill Pmt -Check	07/08/2022	548811	Tulalip Tribes	-6,743.42
Bill Pmt -Check	07/08/2022	548634	Valentine, Joe - Reimb	-16.26
Bill Pmt -Check	07/08/2022	548828	Volunteers of America	-183,467.16
Bill Pmt -Check	07/25/2022	549021	Access	-1,288.08
Bill Pmt -Check	07/25/2022	549051	Barron Heating	-9,940.77
Bill Pmt -Check	07/25/2022	549342	Bellingham Mediation	-108.00
Bill Pmt -Check	07/25/2022	549065	Brigid Collins	-12,032.06
Bill Pmt -Check	07/25/2022	549075	Catholic Community Services	-40,098.29
Bill Pmt -Check	07/25/2022	549096	Collective Medical Technologies	-4,624.00

NORTH SOUND BH-ASO

Warrants Paid

July 2022

Bill Pmt -Check	07/25/2022	549097	Comcast	-364.84
Bill Pmt -Check	07/25/2022	549098	Community Action of Skagit Co	-108,486.27
Bill Pmt -Check	07/25/2022	549099	Compass Health	-700,751.90
Bill Pmt -Check	07/25/2022	549100	Compensation Works	-250.00
Bill Pmt -Check	07/25/2022	549151	Firstline Communications (All Pha:	-1,072.43
Bill Pmt -Check	07/25/2022	549221	Lake Whatcom Center	-8,435.70
Bill Pmt -Check	07/25/2022	549233	Lifeline Connections	-157,915.16
Bill Pmt -Check	07/25/2022	549158	Lippman, Glenn	-4,418.75
Bill Pmt -Check	07/25/2022	549237	Lyndale Glass Inc	-1,860.48
Bill Pmt -Check	07/25/2022	549259	Mount Baker Presbyterian Church	-4,695.88
Bill Pmt -Check	07/25/2022	549254	Osborne, Michelle, JD Associates	-7,000.00
Bill Pmt -Check	07/25/2022	549291	Pioneer Center	-71,129.10
Bill Pmt -Check	07/25/2022	549292	Pitney Bowes Leasing	-572.59
Bill Pmt -Check	07/25/2022	549355	Skagit County Public Health	-3,810.05
Bill Pmt -Check	07/25/2022	549365	Snohomish Co Juvenile	-9,966.68
Bill Pmt -Check	07/25/2022	549289	St Joseph Medical Center, Peace	-5,626.14
Bill Pmt -Check	07/25/2022	549386	Therapeutic Health Services	-14,037.58
Bill Pmt -Check	07/25/2022	549430	WA State Ferries	-25.00
Bill Pmt -Check	07/25/2022	549435	Wave Business	-601.20
Bill Pmt -Check	07/25/2022	549438	Whatcom County Health Departm	-41,141.91
Bill Pmt -Check	07/29/2022	549499	AT&T	-81.48
Bill Pmt -Check	07/29/2022	549501	Beacon	-1,653.00
Bill Pmt -Check	07/29/2022	549510	Bridgeways	-58,794.23
Bill Pmt -Check	07/29/2022	549512	Business Mobility Partners-KORE	-474.64
Bill Pmt -Check	07/29/2022	549514	Carasoft Technology Corp	-35.59
Bill Pmt -Check	07/29/2022	549516	cascade Behavioral Hospital LLC	-9,873.36
Bill Pmt -Check	07/29/2022	549527	Compass Health	-599,950.62
Bill Pmt -Check	07/29/2022	549555	Evergreen Recovery	-61.76
Bill Pmt -Check	07/29/2022	549609	Lifeline Connections	-23,130.28
Bill Pmt -Check	07/29/2022	549693	Maharaj-Lewis, Starleen	-195.00
Bill Pmt -Check	07/29/2022	549627	NW ESD 189	-7,188.47
Bill Pmt -Check	07/29/2022	549633	Office Depot	-91.37
Bill Pmt -Check	07/29/2022	549643	Pioneer Center	-68,190.76
Bill Pmt -Check	07/29/2022	549503	Relias Learning LLC	-5,438.86
Bill Pmt -Check	07/29/2022	549664	Save on Storage	-30.00
Bill Pmt -Check	07/29/2022	549679	Skagit County Clerk	-120,132.09
Bill Pmt -Check	07/29/2022	549690	Snohomish Co Juvenile	-12,983.89
Bill Pmt -Check	07/29/2022	549700	Swedish Edmonds	-6,123.50
Bill Pmt -Check	07/29/2022	549705	Telecare Corporation	-26,044.39
Bill Pmt -Check	07/29/2022	549711	Therapeutic Health Services	-1,081.20
Bill Pmt -Check	07/29/2022	549727	Volunteers of America	-210,084.51
Bill Pmt -Check	07/31/2022	IGT	Skagit County Auditor	-3,500.00
				-3,948,649.08
				-3,948,649.08
				-3,948,649.08

1. ACTIVATION OF STATE-WIDE 988 LINE

- The state-wide “988” line became officially active as of July 16.
- Attached is a fact sheet distributed by HCA. More extensive public information will be provided in late 2022 or early 2023 when the three “988” hubs in Washington State will have ramped up their capacity to handle the increased call volume [Attachment 1]

2. ASO/County Behavioral Health Legislative Priorities for 2023

- Attached is a summary of key statewide ASO legislative priorities. These have also been reviewed by the Association of County Human Services. [Attachment 2]
- The proposed priorities include:
 - 1) Development of more robust network adequacy standards and monitoring
 - 2) Full and separate funding for ITA Court Costs
 - 3) Build what already works in the ‘988’ crisis system redesign and maintain county/ASO involvement
 - 4) Streamline legislative proviso funding – allow for more flexibility and coordination to meet local needs

3. CRISIS SERVICES UPDATE

- Weekly Crisis Capacity Indicator snapshot and Dashboard [Attachments 3 and 4].
- There continued to be a steady increase in crisis services calls and mobile crisis team dispatches through the end of June. The numbers reported for the first few weeks of July had declined and then picked up again in the latest reporting week. This may be temporary trend or a lag in the data being reported to us.

4. TRANSITION OF THE OMBUDS SERVICES CONTRACT

- Effective October 1, 2022, the existing regionally organized behavioral health ombuds offices will be replaced by a State Office of Behavioral Health Advocacy as a result of Engrossed Second Substitute House Bill 1086.
- In the North Sound region, the ASO had contracted with Community Action of Skagit County [CASC] to provide these services. However, CASC notified us they will stop providing these services as of August 1.
- Since the ASO is contractually required to ensure Ombuds services are provided until October 1, we have arranged for internal ASO staff to handle any requests for Ombuds services in the interim.
- The state has awarded the new state-wide contract to “Peer Washington”. They will be making a presentation at our September Advisory Board meeting.

- They have just hired the new Ombuds for the North Sound region – these positions will be called “Behavioral Health Care Navigators”. She was also one of the existing staff with the Ombuds program at Community Action.

5. SUCCESSION PLANNING

- At the request of the Board of Directors, the ASO Leadership Team has developed a Succession plan that addresses key positions within the organization.
- For each position, the succession plan identifies the key skills needed and opportunities to develop the skills of some of the existing staff to perform these functions.
- The Succession planning process also included an “Environmental Scan” to identify the key challenges and opportunities in the future we must be ready to address.
- At its July 26 retreat, the Advisory Board also engaged in a similar environmental scan.

6. FACILITY NEEDS ASSESSMENT

- Cummings LLC has begun the work to update the 2016 Behavioral Health Needs Assessment.
- The First step is to survey key stakeholder groups on where they see the gaps and need for both inpatient and outpatient services. Counties and Advisory Board members will be included in the survey.

7. UPDATE ON RFP FOR CHILDREN AND YOUTH MOBILE CRISIS TEAMS

- Assistant Director Margaret Rojas will provide a verbal update.

8. UPDATE ON RECOVERY NAVIGATOR PROGRAM [RNP]

- The 5 contracted RNP providers are now in the process of interviewing and hiring eligible candidates.

Provider	RNP Policy Group Formation	Staff
Island County	Yes	Fully staffed
San Juan	In development	Fully staffed
Skagit	In development	Fully staffed
Snohomish	Yes	In process
Whatcom	Yes	In process

- Attached is list of current positions and staff that have been hired so far. **[Attachment 5]**
- The goal is to start taking referrals during the month of August moving towards full implementation in September

9. MENTAL HEALTH AND SUBSTANCE ABUSE BLOCK GRANT PLANS

- The Advisory Board approved the plan for the 2022-2023 Federal Block Grant plan. Attached is a summary of the changes from 2021-2022. [Attachment 6 and 7]

10. TEAMonitor Review

- HCA conducted its annual “TEAMonitor” review meeting of the North Sound BH-ASO on August 9.
- Of the 91 items reviewed, only 8 items were marked as having incomplete information. In most cases we did provide the information, but it was not in a form the reviewer could readily recognize.
- The Reviewers complimented the North Sound on having a “strong program” and considered the findings as “not significant.”

988 Suicide and Crisis Lifeline

Service goes LIVE on July 16, 2022 — What you need to know



988 Fast Facts

- 988 will be confidential, free, and available 24/7/365, connecting those experiencing a mental health, substance use, or suicidal crisis with trained crisis counselors.
- Access to the NSPL is available through every land line, cell phone, and voice-over internet device in the U.S.
- 988 services will be available in Spanish, along with interpretation services in over 250 languages.
- The 988 dialing code will be available for call, text, and chat by July 16, 2022. Until then, those in crisis should continue to use 1-800-273-TALK (8255), which will function even after July 16.

The nationwide implementation of the 988 three-digit call, text, and chat line is just the first important step in re-imagining crisis support in the U.S.



Call Volume

Once 988 goes live in July, Washington should be prepared for an increase in calls, texts, and chats.



NSPL Crisis Centers

There are three NSPL crisis centers in Washington: Volunteers of America of Western Washington, Frontier Behavioral Health, and Crisis Connections.



HB 1477

HB 1477 provided funding to Washington's three NSPL crisis centers, including funding to begin hiring staff in anticipation of increased call volume.

988, WASHINGTON'S CRISIS RESPONSE

Building understanding, hope, and a path forward for those in need, where and when they need it.

Background and Implementation

- In 2020, the [Federal Communications Commission](#) (FCC) adopted the National Suicide Hotline Designation Act. The act made 988 the new, nationwide, easy-to-remember 3-digit dialing, texting, and chat number for anyone experiencing a suicidal or mental health-related crisis.
- 988 is not replacing existing crisis centers in Washington, but is the newest addition to the state's network of crisis center providers.
- To increase access to services for people in crisis, including people with disabilities and those who prefer text, the FCC adopted a Second Report and Order on November 18, 2021, to allow texting to 988.
- Veterans and service members may reach the Veterans Crisis Line by pressing 1 after dialing 1-800-273-TALK (8255). Spanish speakers may reach the Spanish Language Line by pressing 2.
- Vibrant Emotional Health, the National Administrator of 988, has done extensive planning to provide states with anticipated call, chat, and text volume estimates for when 988 goes live in July.
- HB 1477 dedicates crucial funding, via a tax on Washington's phone and Voice over Internet Protocol lines, to support the state's NSPL crisis centers' recruitment and hiring of additional staff to answer the anticipated increase of calls after July 16, 2022.

Highlights

- On July 16, 2022, phone calls to 988 will redirect to the NSPL crisis centers.
- The current NSPL number, 1-800-273-TALK (8255), will remain active after 988 goes live.
- Washington has three NSPL crisis centers: Volunteers of America of Western Washington, Frontier Behavioral Health, and Crisis Connections.
- Over the next few years, the [Crisis Response Improvement Strategy \(CRIS\) Committee](#) will develop recommendations to the Governor and Legislature to support additional components of HB 1477.
- Learn more at the [DOH 988 webpage](#).

Contact

Washington State Department of Health
988ProgramInfo@doh.wa.gov

Washington State Health Care Authority
HCAProgram1477@hca.wa.gov




DOH 971-053 June 2022

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.



A Volunteers of America Western Washington crisis counselor talks with somebody on the phone Thursday, in at the VOA Behavioral Health Crisis Call Center in Everett. (Ryan Berry / The Herald)

 Purchase Photo

‘One call for all’: 988 mental health hotline quadruples Everett staff

Calls to the new Everett center have jumped 47% since the three-digit number rolled out. Gov. Inslee toured the facility Thursday.

By Mallory Gruben

Friday, July 29, 2022 5:45pm | [LOCAL NEWS](#) [AS SEEN ON INSTAGRAM ...](#) [EVERETT](#)

[PHOTOGRAPHY](#)

EVERETT — A new three-digit number is making it easier for Washingtonians to receive mental health support in a crisis, including through an Everett call center.

The national 988 Suicide and Crisis Lifeline went live July 16, simplifying the previous 1-800-273-TALK contact for 24/7 crisis support. Now people can call, text or chat 988 to get connected with a trained crisis worker who provides free, confidential emotional support services any time of day.

Volunteers of America Western Washington's Behavioral Health Crisis Call Center in Everett acts as one of three 988 call centers in Washington. It fields calls from 32 of 39 counties in the state.

Gov. Jay Inslee and federal officials toured the Everett call center Thursday, touting it as one example of how Washington is "leading the nation" in mental health care.

"988 is great because it's a one call for all," Inslee said at a press conference outside the call center. "This means that no one is alone in the state of Washington. ... Everyone has a lifeline when they need it."

Ingrid Ulrey, a regional director for the U.S. Department of Health and Human Services, said she attended the tour to "affirm from the perspective of Secretary Xavier Becerra" that Washington is a leader in mental health care. She said it is "phenomenal" that a state passes laws to fund improved behavioral health crisis response.

Washington added 988 to its existing "network" of crisis call centers, as part of a bill lawmakers passed in April, the first change in a multi-year plan.

Other updates include "developing technology that allows a rapid hand-off of services," Inslee said. That means making it easier for crisis counselors to connect callers with next-day doctor's appointments, as well as strengthening mobile crisis teams that can respond in-person to people who need help beyond what the call line can provide.

"We do have those teams now, but they don't always have the funding or staff or resources to respond in a quick time," said Jacy Wade, a follow-up peer support specialist with Volunteers of America.

Changes prompted by the bill will be funded by the new 988 tax on cellular and internet phone service. The tax is 24 cents per line per month through the end of this year, then increases to 40 cents per line per month beginning in January 2023.

The state also plans to bolster culturally competent services for Indigenous people in the state. That work is already underway with Volunteers of America, which launched the “Native and Strong Lifeline” staffed by Indigenous crisis counselors.

“We know there’s still a lot of work to be done to create better outcomes for our community when they experience a crisis,” said Levi Van Dyke, senior director of the Everett center.

In preparation for the new call center, Van Dyke quadrupled his staff, and there are now 83 crisis counselors answering 988 calls.

As expected, calls to the Everett center have jumped 47% to about 150 per day, in the 12 days since the new number rolled out, said Maca Ferguson, spokesperson for Volunteers of America Western Washington. Compared to the same time last year, calls are up 66%.

Many callers share that they’re using the support system now because 988 is easier to remember and dial than the old number.

“Anecdotally, I’ve listened to calls where people said, ‘I wouldn’t have called if there wasn’t this number,’” said Courtney Colwell, a 988 program manager with Volunteers of America.

The staffing boost decreased wait times for people who seek help. Most people wait about seven seconds before getting connected to a worker, said Andrea Rhinus, 988 chat and text coordinator.

Once connected, the crisis counselor listens to the person’s story to understand what the problem is and how best to help. The workers talk through a situation, offer ideas for a coping mechanism and provide referrals for future mental health care. The counselors guide people through their mental health crises. They don’t tell callers exactly what to do.

“We are the navigators, but they control the boat,” said Michael Lane, a crisis shift manager.

Lane said he especially enjoys learning about each caller’s personality. In suggesting coping mechanisms, he hears about hobbies and interests. He empowers them to embrace what makes them special.

Employees emphasized that 988 is not linked to law enforcement. Fewer than 2% of calls to the number involve local emergency services. For those that do, more than half happen with the caller’s consent.

“This lifeline is a way for someone in crisis to get counselors, to get immediate help right there,” said Umair Shah, the state secretary of health. “It’s not about law enforcement. ... It’s trained mental health counselors that will be answering the phone ... every single time.”

Just knowing they helped someone through a difficult situation keeps the staff motivated.

“For me,” Jacy Wade said, “I feel like a lot of people are grateful at the end of the call ... I know I was there for them in that moment.”

Mallory Gruben is a Report for America corps member who writes about education for The Daily Herald.

Mallory Gruben: 425-339-3035; mallory.gruben@heraldnet.com; Twitter: [@MalloryGruben](https://twitter.com/MalloryGruben).



Mallory Gruben covers K-12 education for the Daily Herald. She is a corps member with Report for America, a national service initiative that places journalists in local newsrooms. To learn more or to support Mallory's work with a donation, go to heraldnet.com/education-project-fund.

Talk to us

- You can tell us about news and ask us about our journalism by emailing newstips@heraldnet.com or by calling 425-339-3428.
- If you have an opinion you wish to share for publication, send a letter to the editor to letters@heraldnet.com or by regular mail to The Daily


Herald, Letters, P.O. Box 930, Everett, WA 98206.

- [More contact information is here.](#)


Gallery



A group of Volunteers of America crisis counselors and workers meet with Gov. Jay Inslee, left, after the A governor toured their facility and gave a brief address about mental health services on Thursday, m outside the VOA Behavioral Health Crisis Call Center in Everett. (Ryan Berry / The Herald)

 Purchase Photo

Recommended for You

Recommended by 



This Game is So Beautiful. If You Have a Computer...

Sponsored | Raid: Shad...



Men, You Don't Need The Blue Pill If You Do This...

Sponsored | iamhealth....



Refrigerate Any Room In 2 Minutes

Sponsored | Best Tech ...

BH-ASO 2023 DRAFT LEGISLATIVE PRIORITIES

1. Network Adequacy Standards

By December 2023, update network adequacy standards for all Medicaid-covered behavioral health services that include:

- How stakeholders including community behavioral health providers and counties will be included in the process to update standards;
- An explanation of how updated network adequacy standards will account for both population and prevalence factors as well as time and distance standards for rural and urban communities; and,
- A plan for robust network adequacy monitoring including monitoring timeliness requirements.

2. Fully Fund Court Costs for Involuntary Treatment Act [ITA] Hearings

- Fully fund ITA court costs through a separate and distinct legislative appropriation to ensure ASO funds intended for treatment are no longer diverted to pay for rising court costs.
- Direct HCA to undertake annual rate setting and budget forecasting for ITA court costs.

3. Build on what works in Crisis System Redesign

- In developing the new enhanced “988”/ HB 1477 Crisis System build on the elements of the current crisis system that already work.
- Maintain a continued role for county and ASO management and performance monitoring of local crisis systems.

4. Streamline Funding Opportunities

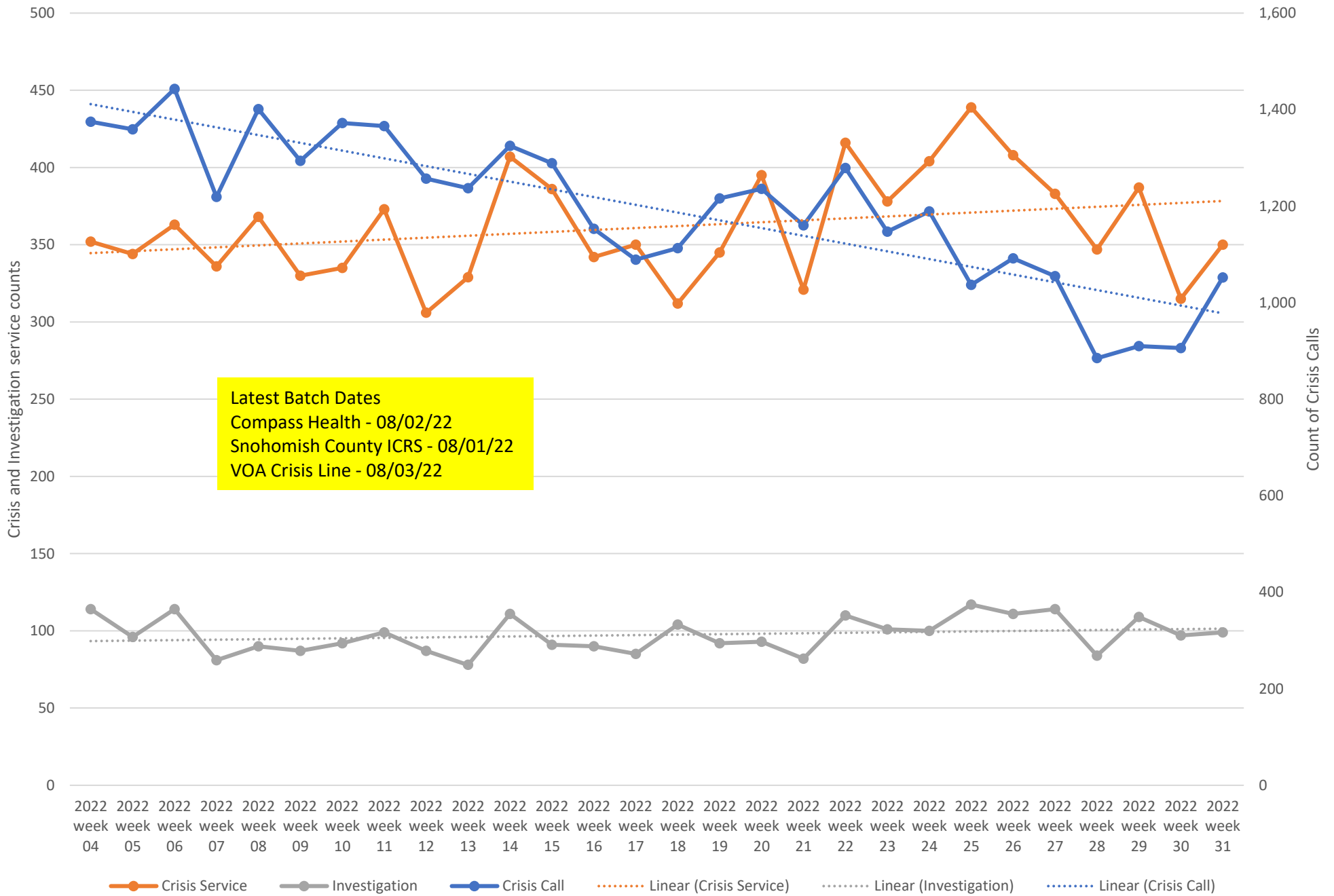
- Streamline legislative funding for behavioral health services to better support successful program development and sustainability.
- Allow more flexibility with legislative “proviso” funding to meet unique community needs.
- When possible, integrate provisos with similar scopes and purposes to maximize the available funds and remove the barriers of narrow specifications that make it more challenging to use the available resources.



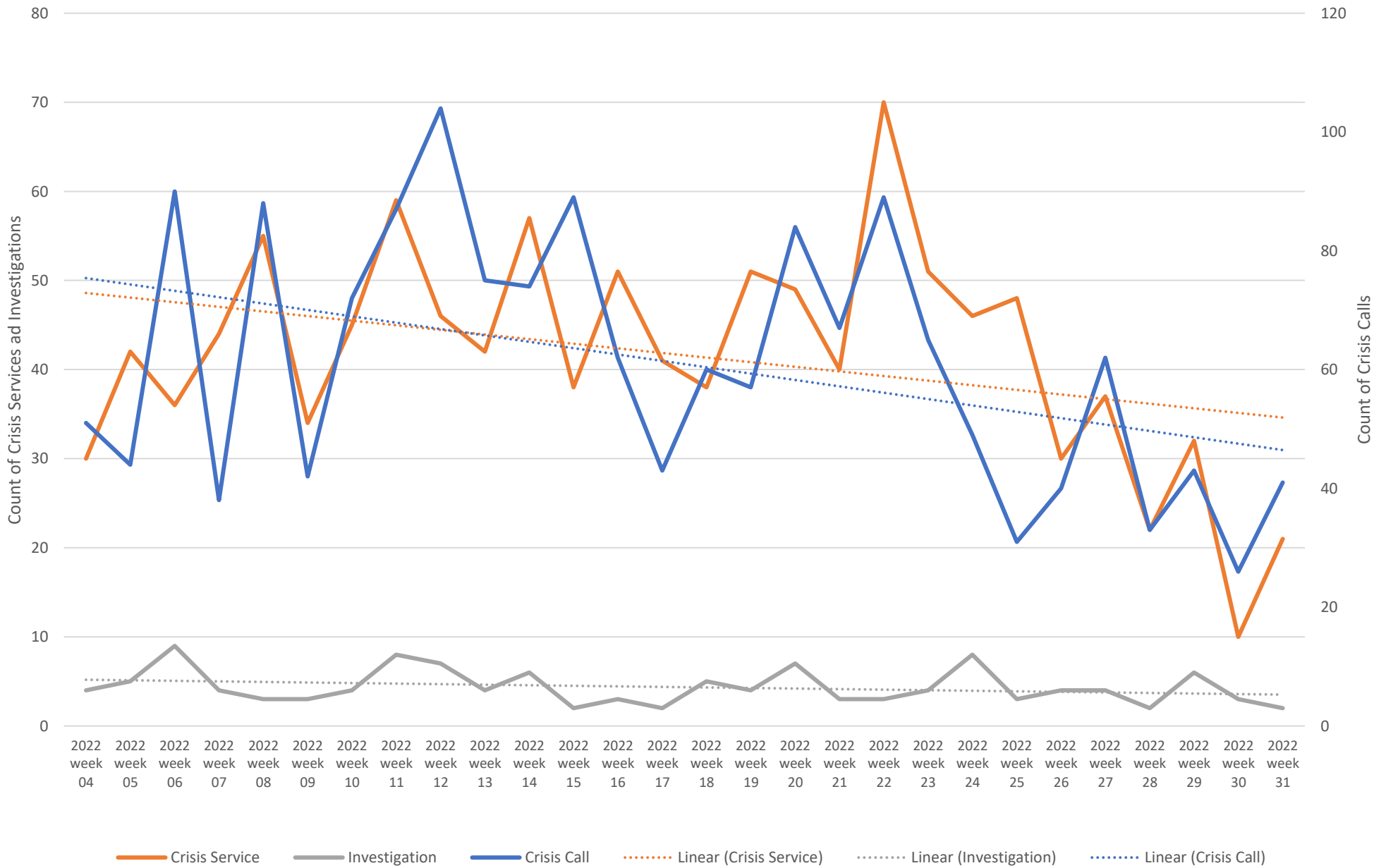
Weekly Crisis Capacity Indicator Snapshot

Page 2	Crisis Data - dates 01/16/22 to 07/30/22
Page 3	Crisis Data: Ages 0-17 - dates 01/16/22 to 07/30/22
Page 4	All DCR Dispatches - dates 01/16/22 to 07/30/22
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 01/16/22 to 07/30/22
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 01/16/22 to 07/30/22
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	New COVID-19 Cases Reported Weekly per 100,000 population - 04/29/21 to 08/03/22
Page 13	Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average
Page 14	North Sound BH ASO Walkaway Chart 01/16/22 to 07/30/22

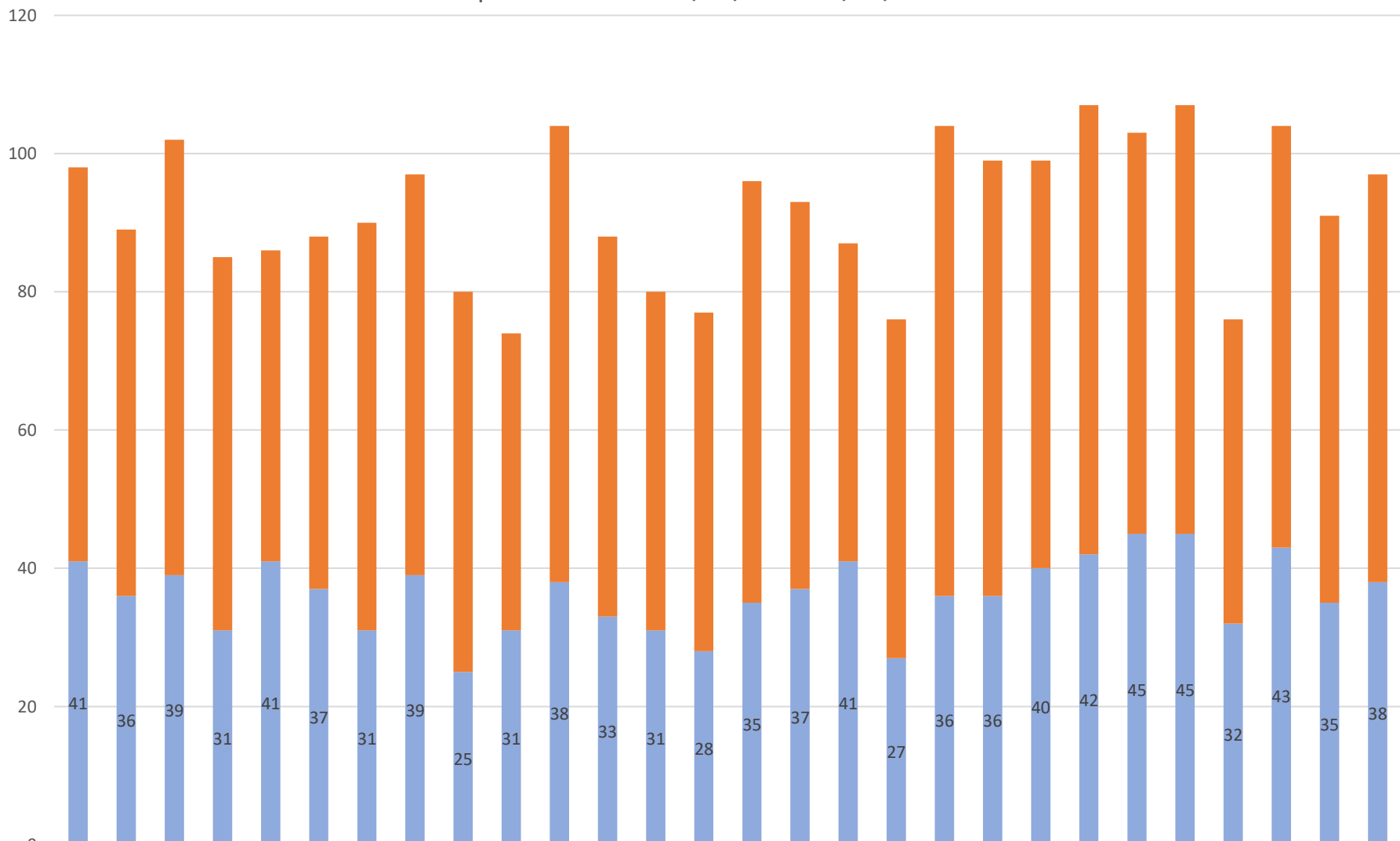
Crisis Data - dates 01/16/22 to 07/30/22



Crisis Data: Ages 0-17 - dates 01/16/22 to 07/30/22

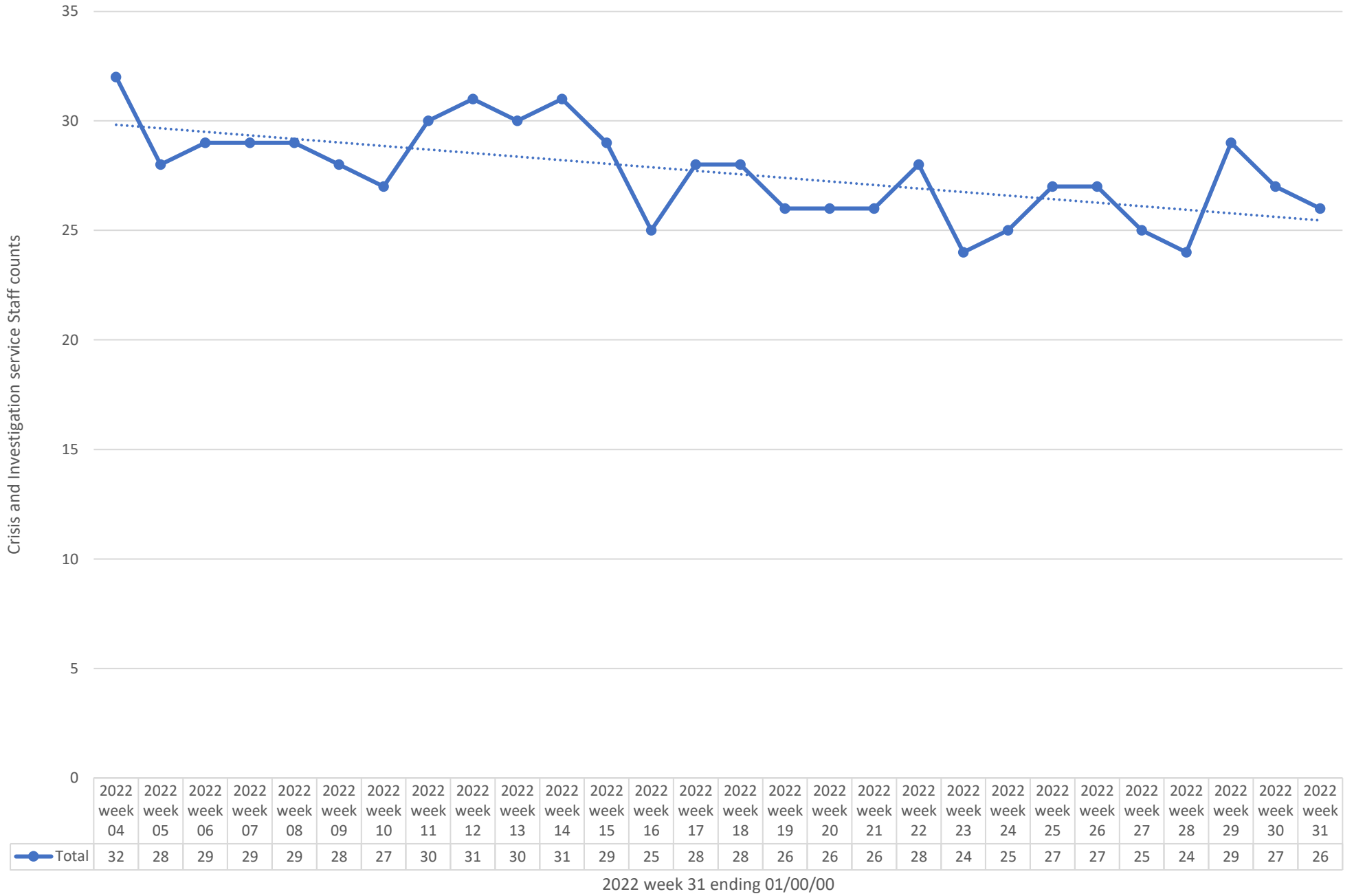


All DCR Dispatches - dates 01/16/22 to 07/30/22

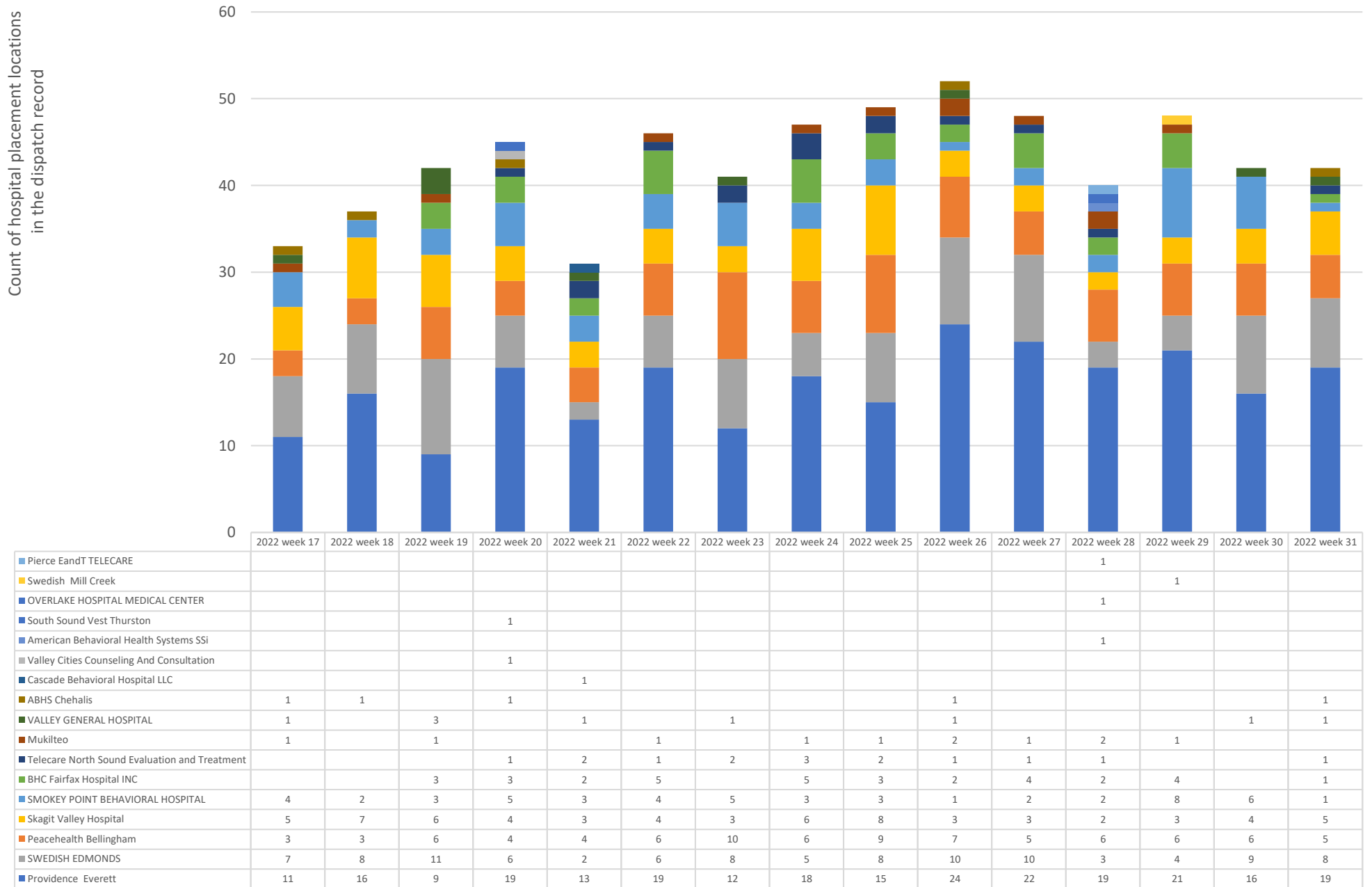


■ dispatch resulting in other outcome	57	53	63	54	45	51	59	58	55	43	66	55	49	49	61	56	46	49	68	63	59	65	58	62	44	61	56	59
■ dispatch resulting in detention	41	36	39	31	41	37	31	39	25	31	38	33	31	28	35	37	41	27	36	36	40	42	45	45	32	43	35	38

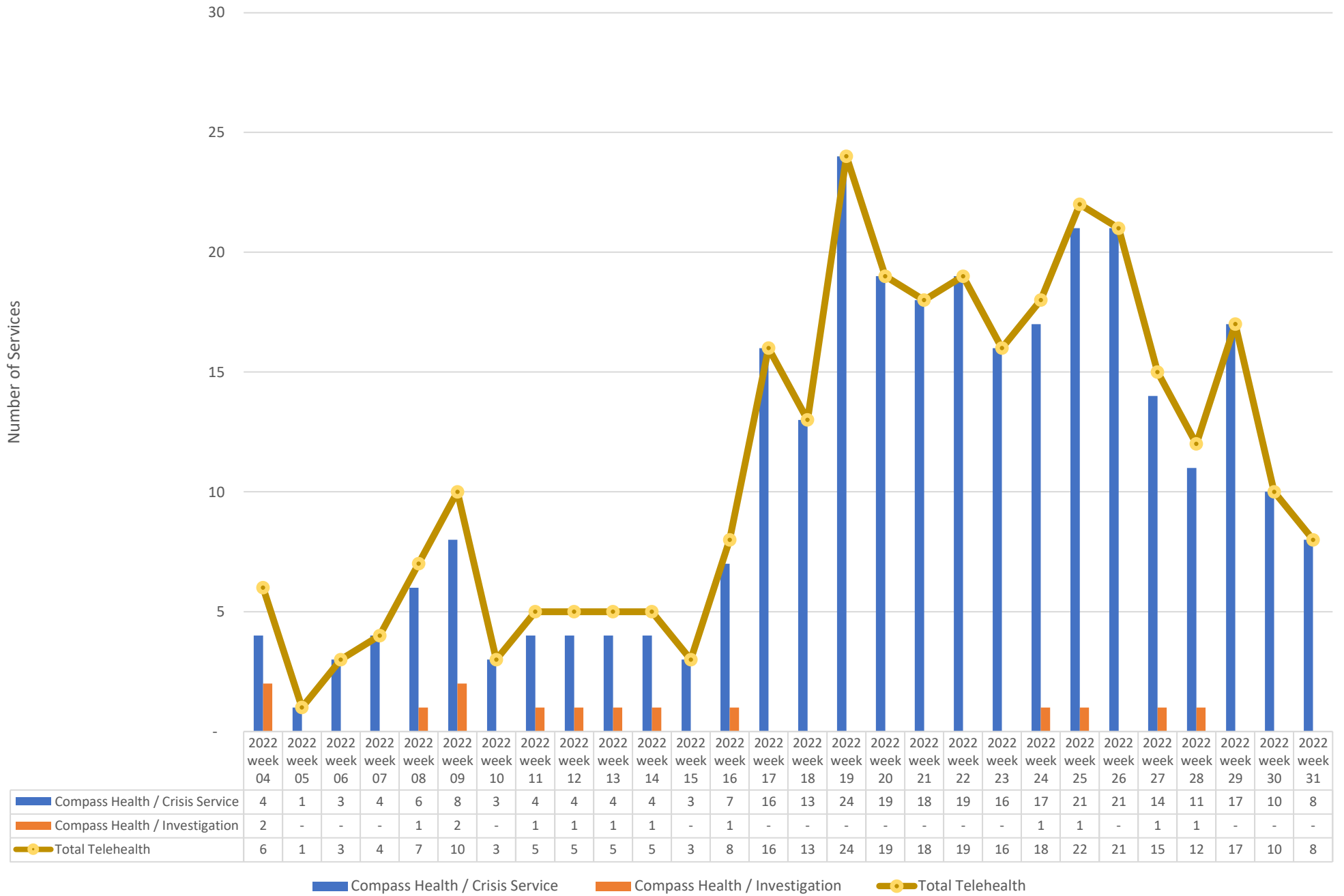
Weekly Staff Count - Staff providing Crisis or Investigaion services 01/16/22 to 07/30/22



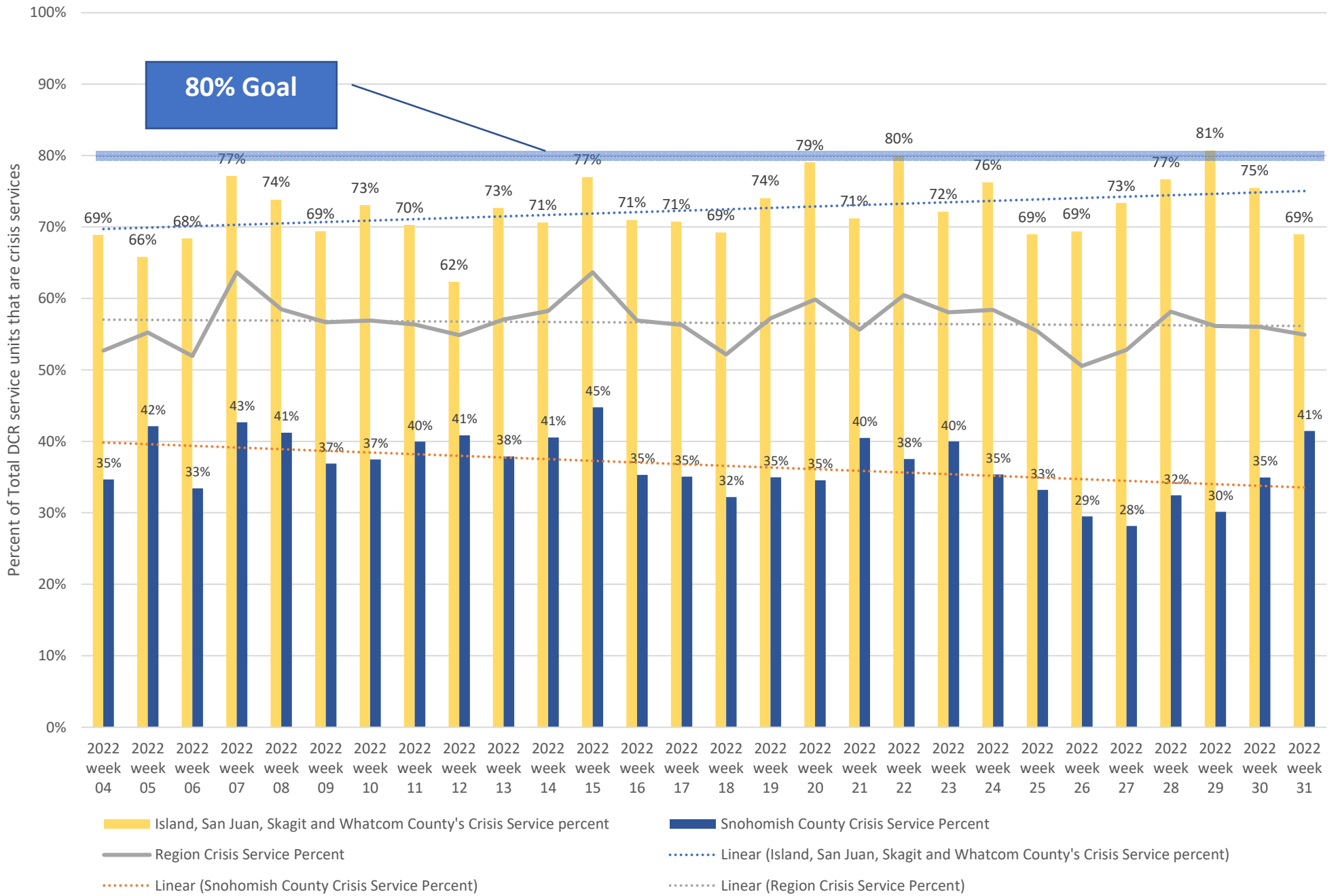
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low



Telehealth only, crisis and investigation services from 01/16/22 to 07/30/22



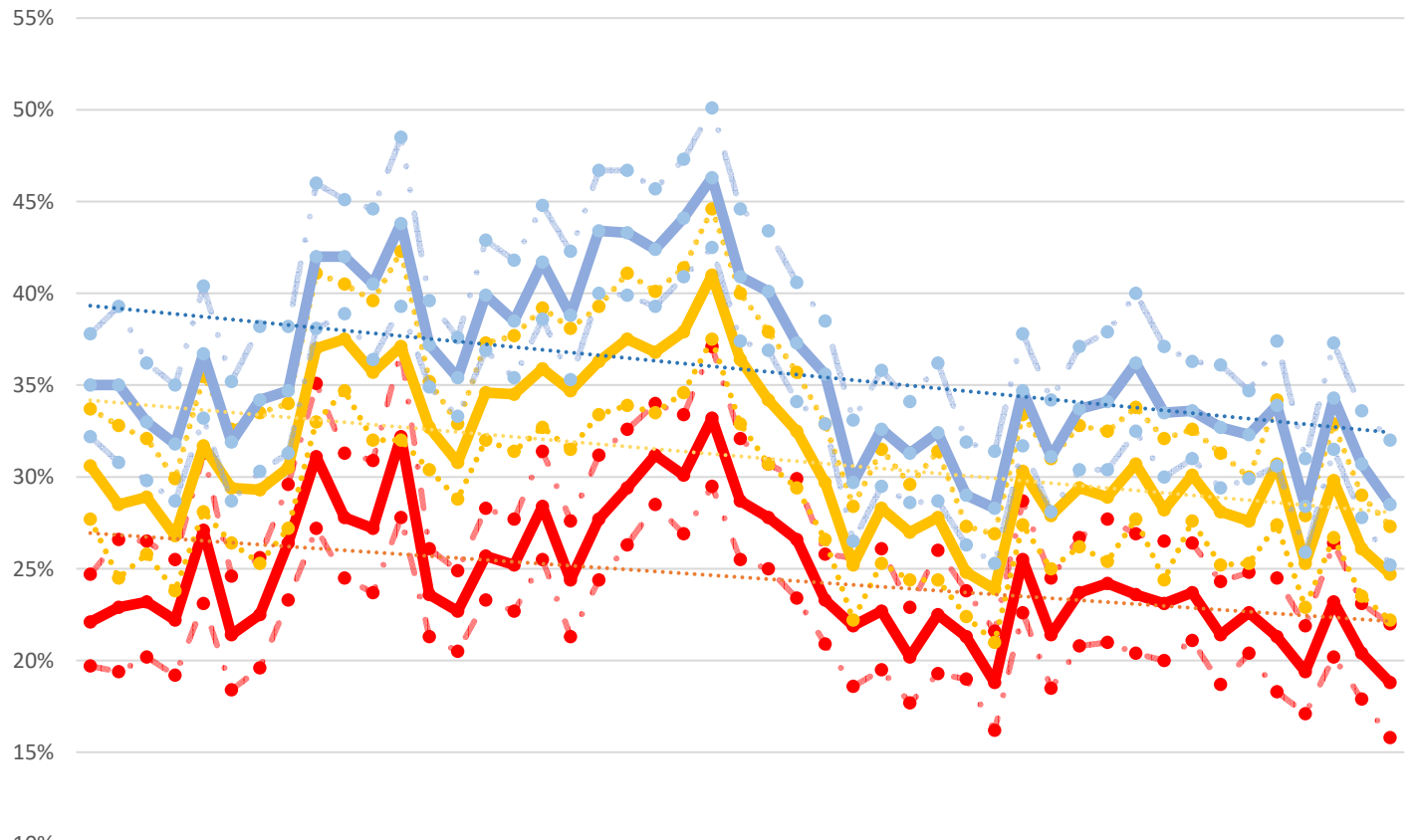
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

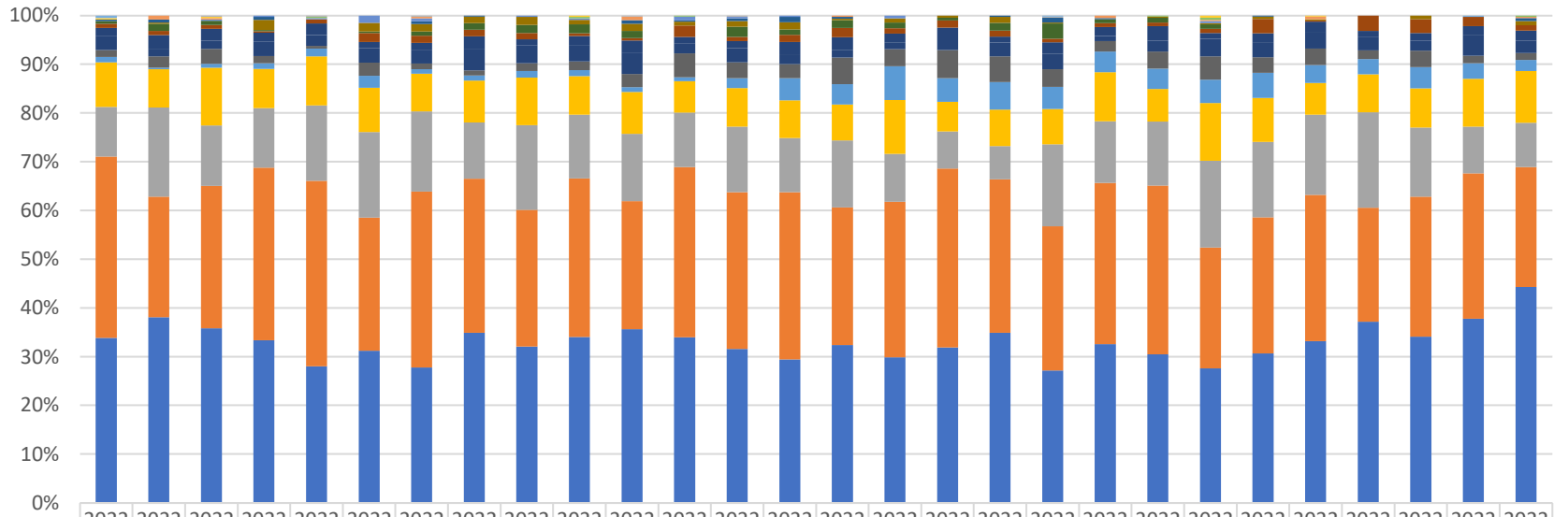
Wkh# IV#Fhqv#xv#Exundx/#q#
 frøderudwlrq# lk#lyh#hghud#
 djhgf#lv#xqfkhg#kxh#rxvhkrø#
 Sxøh#xuyh|#r#surgx#fh#gdwd#rcq#kxh#
 vrfld#dgg#hfrqrp lf#p sdfw#r i#Frylg0
 4<#cq#p hulfdq#kxvhkrøv#Wkh#
 Krxvhkrø#Sxøh#xuyh|#dv#ghvjghg#
 wr#jdxjh#kxh#p sdfw#i#kxh#dgg#p lf#
 rq#p sα|p hqw#wdwxv#frcqvx#p hu#
 vshqglj#hrrg#hfxulw|#kxvlqj#
 hgxfdwlrq#j lwxswlrq#dgg#
 glp hqvlrqv#r i#k|vfd#dgg#p hqwd#
 z hαjhvvi

<https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Report/8pt5-q6wp>



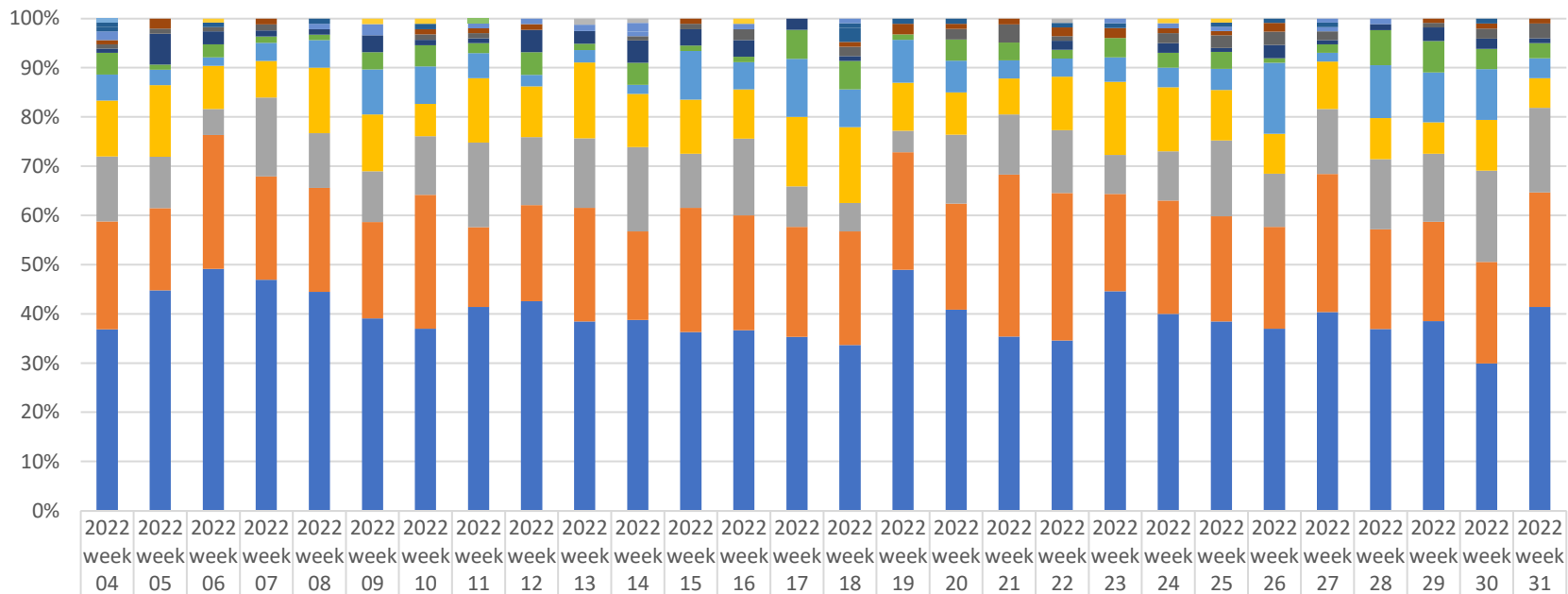
••••• % with Symptoms of Depressive Disorder low conf. level	20%19%20%19%23%18%20%23%27%25%24%28%21%21%23%23%26%21%24%26%29%27%20%26%25%23%21%19%22%18%20%23%22%
—•— % with Symptoms of Depressive Disorder value	22%23%23%22%27%21%23%26%31%28%27%28%24%23%26%25%28%24%28%29%31%30%33%29%28%27%23%22%23%20%23%21%19%26%21%24%24%24%23%24%21%23%21%19%23%20%19%
••••• % with Symptoms of Depressive Disorder high conf. level	25%27%27%26%31%25%26%30%35%31%37%26%25%28%28%31%28%31%33%34%33%37%32%31%30%26%26%26%23%26%24%22%29%25%27%28%27%27%26%24%25%25%22%22%26%23%22%
••••• % with Symptoms of Anxiety Disorder low conf. level	28%25%26%24%28%26%25%27%33%35%32%32%30%29%32%31%33%32%33%34%34%35%38%33%31%29%27%22%22%24%24%22%21%27%25%26%25%28%24%28%25%25%27%23%27%24%22%
—•— % with Symptoms of Anxiety Disorder value	31%29%29%27%22%29%29%31%37%38%36%37%33%31%35%35%36%35%36%38%37%38%41%36%34%33%30%25%28%27%28%25%24%30%28%29%29%31%28%30%28%30%31%25%30%26%25%
••••• % with Symptoms of Anxiety Disorder high conf. level	34%33%32%30%36%33%34%34%41%41%40%42%35%33%37%38%39%38%39%41%40%41%45%40%38%36%33%28%26%30%31%27%27%33%31%33%33%34%23%33%31%30%34%28%33%29%27%
••••• % with Symptoms of Anxiety or Depressive Disorder low conf. level	32%31%30%29%32%29%30%31%38%39%36%39%35%33%37%35%39%35%40%40%39%41%43%37%37%34%32%37%30%29%29%26%25%32%28%30%30%30%31%29%30%31%26%28%25%
—•— % with Symptoms of Anxiety or Depressive Disorder value	35%35%33%28%27%32%34%35%42%44%24%44%44%47%54%40%39%42%39%43%43%42%44%46%41%40%37%36%30%33%31%32%29%28%35%31%34%34%36%34%34%33%23%34%28%34%31%29%
••••• % with Symptoms of Anxiety or Depressive Disorder high conf. level	38%39%36%35%40%35%38%38%46%45%45%49%40%38%43%42%45%42%47%47%46%47%50%45%43%41%39%33%36%34%36%32%31%38%34%37%38%40%37%36%36%35%37%31%37%34%32%

Place of Service -Crisis Services, percent of total by week



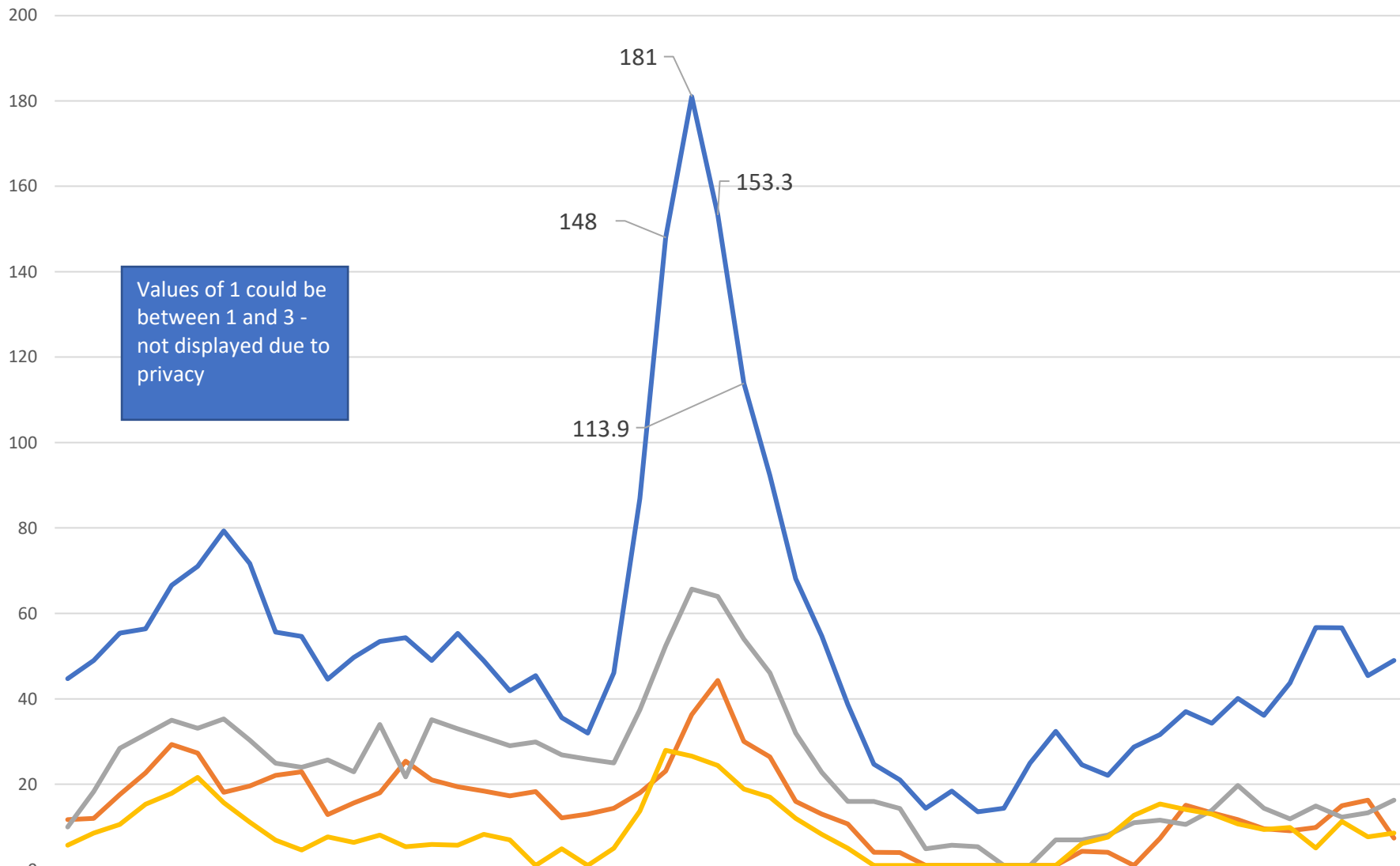
	2022 week 04	2022 week 05	2022 week 06	2022 week 07	2022 week 08	2022 week 09	2022 week 10	2022 week 11	2022 week 12	2022 week 13	2022 week 14	2022 week 15	2022 week 16	2022 week 17	2022 week 18	2022 week 19	2022 week 20	2022 week 21	2022 week 22	2022 week 23	2022 week 24	2022 week 25	2022 week 26	2022 week 27	2022 week 28	2022 week 29	2022 week 30	2022 week 31
Custodial Care Facility	2																		1								1	
Community Mental Health Center			1	1		1				1	1								1									
Skilled Nursing Facility	1		1							1												2			1			
Nursing Facility				1					1		1										1	2						1
Psych. Residential		3	1				1				3				1						2		1		2			1
On Campus Outpatient Hospital			1	1	1	5	2		1	1		3	1	1		2						2						
Group Home	1	2		2			2	1			3	1	2	4	1			1	4	1				1				2
Homeless Shelter		1		7		6	5	5	5	3	6	3	4	5	1	3	2	4	1		1	1	2	1		3		3
School	2	5	3	1		1	3	5	5	6	6		7	4	5	4	2	5	13	3	4	4						
Inpatient Hospital	3	3	3	1	3	6	5	5	4	2	2	9	3	5	6	4	6	4	3	3	3	4	12	1	11	11	6	4
Inpatient Psychiatric Facility	6	10	9	6	9	4	5	10	4	6	10	5	5	9	8	6	4	4	10	7	12	5	8	8	4	6	6	7
Prison Correctional Facility	10	5	6	10	8	10	9	16	11	11	18	8	10	7	5	5	14	9	13	4	9	16	12	13	10	8	13	9
Assisted Living Facility	5	8	11	5	2	9	4	4	5	6	11	19	11	10	17	12	23	17	15	8	14	21	13	13	6	13	5	5
Telehealth	4	1	3	4	6	8	3	4	4	4	4	3	7	16	13	24	19	18	19	16	17	21	21	14	11	17	10	8
Emergency Room Hospital	32	27	43	27	37	30	26	32	30	26	35	25	27	27	23	38	24	24	30	38	27	52	37	25	27	31	31	37
Home	36	63	45	41	57	58	55	43	53	43	56	43	46	39	43	34	30	22	70	48	53	78	63	63	68	55	30	32
Other Place of Service	131	85	106	119	140	90	121	118	86	107	107	135	110	120	88	110	145	101	123	125	140	109	114	115	81	111	94	86
Office	119	131	130	112	103	103	93	130	98	112	145	131	108	103	101	103	126	112	113	123	123	121	125	127	129	132	119	155

Place of Service -Investigations, percent of total by week



	2022 week 04	2022 week 05	2022 week 06	2022 week 07	2022 week 08	2022 week 09	2022 week 10	2022 week 11	2022 week 12	2022 week 13	2022 week 14	2022 week 15	2022 week 16	2022 week 17	2022 week 18	2022 week 19	2022 week 20	2022 week 21	2022 week 22	2022 week 23	2022 week 24	2022 week 25	2022 week 26	2022 week 27	2022 week 28	2022 week 29	2022 week 30	2022 week 31	
Residential SUD								1																					
Custodial Care Facility	1																												
On Campus Outpatient Hospital			1			1	1																						
School										1	1								1										
Homeless Shelter													1									1	1						
Psych. Residential											2				1						1				1				
Skilled Nursing Facility	1		1												1						1				1				
Community Mental Health Center	1			1		1									3	1	1		1				1	1				1	
Telehealth	2			1	2		1	1	1	1		1									1	1		1	1				
Group Home	1	2		1			1	1	1			1			1	2	1	1	2	2	1	1	2				1	1	1
Assisted Living Facility	1	1	1	1			1	1			1	1	2		2		2	3	1		2	3	3	2			1	2	3
Home	1	6	3	1	1	3	1	1	4	2	5	3	3	2	1				2		2	1	3	1	1	3	2	1	
Office	5	1	3	1	1	3	4	2	4	1	5	1	1	5	6	1	4	3	2	4	3	4	1	2	6	7	4	3	
Inpatient Hospital	6	3	2	3	5	8	7	5	2	2	2	9	5	10	8	8	6	3	4	5	4	5	16	2	9	11	10	4	
Inpatient Psychiatric Facility	13	14	10	6	12	10	6	13	9	12	12	10	9	12	16	9	8	6	12	15	13	12	9	11	7	7	10	6	
Prison Correctional Facility	15	10	6	13	10	9	11	17	12	11	19	10	14	7	6	4	13	10	14	8	10	18	12	15	12	15	18	17	
Other Place of Service	25	16	31	17	19	17	25	16	17	18	20	23	21	19	24	22	20	27	33	20	23	25	23	32	17	22	20	23	
Emergency Room Hospital	42	43	56	38	40	34	34	41	37	30	43	33	33	30	35	45	38	29	38	45	40	45	41	46	31	42	29	41	

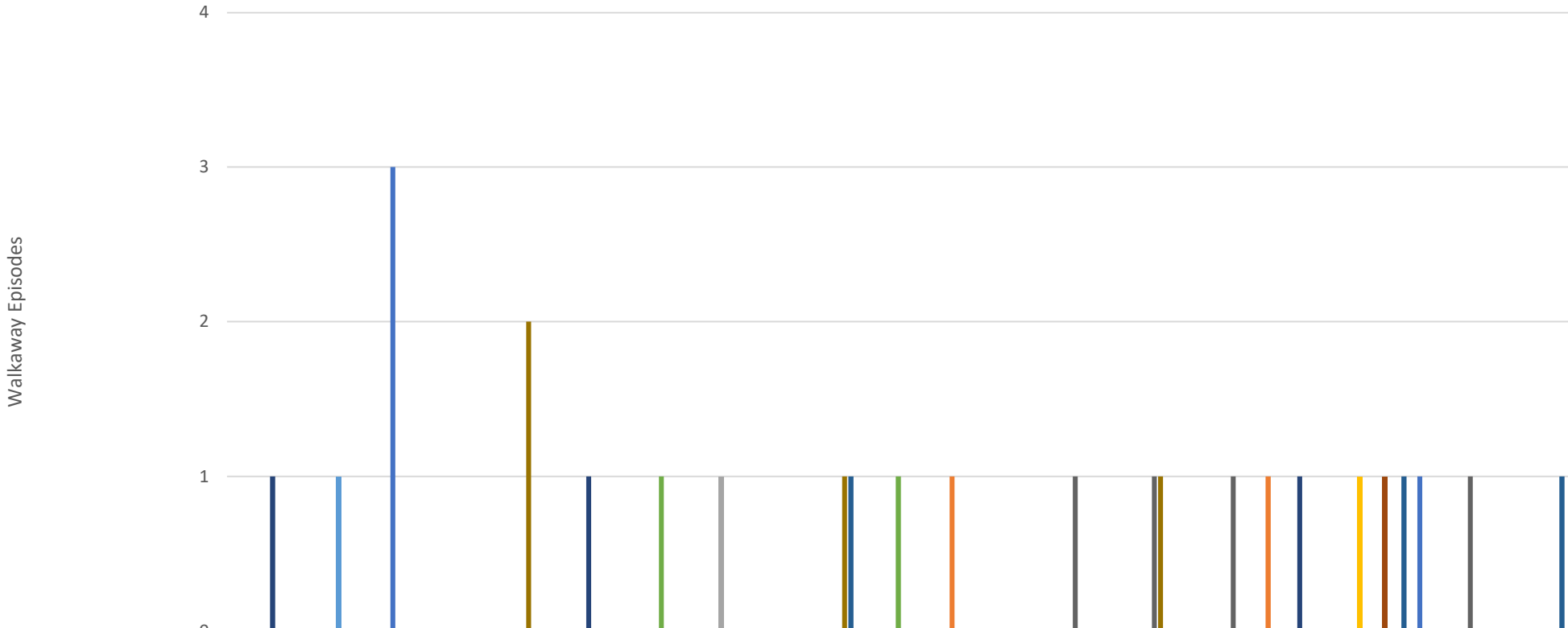
Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average



Values of 1 could be between 1 and 3 - not displayed due to privacy

	7/3 0/2 021	8/6 /20 21	8/1 3/2 021	8/2 0/2 021	8/2 7/2 021	9/3 /20 21	9/1 0/2 021	9/1 7/2 021	9/2 4/2 021	10/ 1/2 021	10/ 8/2 021	10/ 15/ 202	10/ 22/ 202	10/ 29/ 202	11/ 5/2 021	11/ 12/ 202	11/ 19/ 202	11/ 26/ 202	11/ 3/2 021	12/ 10/ 202	12/ 17/ 202	12/ 24/ 202	12/ 31/ 202	1/7 /20 22	1/1 4/2 022	1/2 1/2 022	1/2 8/2 022	2/4 /20 22	2/1 1/2 022	2/1 8/2 022	2/2 5/2 022	3/4 /20 22	3/1 1/2 022	3/1 8/2 022	3/2 5/2 022	4/1 /20 22	4/8 /20 22	4/1 5/2 022	4/2 2/2 022	4/2 9/2 022	5/6 /20 22	5/1 3/2 022	5/2 0/2 022	5/2 7/2 022	6/3 /20 22	6/1 0/2 022	6/1 7/2 022	6/2 4/2 022	7/1 /20 22	7/8 /20 22	7/1 5/2 022	7/2 2/2 022	
Prov. Everett	45	49	55	56	67	71	79	72	56	55	45	50	53	54	49	55	49	42	45	36	32	46	87	148	181	153	114	92	68	55	39	25	21	14	18	14	14	14	25	32	25	22	29	32	37	34	40	36	44	57	57	45	49
SVH	12	12	18	23	29	27	18	20	22	23	13	16	18	25	21	19	18	17	18	12	13	14	18	23	36	44	30	26	16	13	11	4.1	4	1	1	1	1	1	1	4.3	4.1	1	7.3	15	13	12	9.6	9.1	9.9	15	16	7.4	
ST Joe	10	18	28	32	35	33	35	30	25	24	26	23	34	22	35	33	31	29	30	27	26	25	37	52	66	64	54	46	32	23	16	16	14	4.9	5.7	5.4	1	1	7	7	8.1	11	12	11	14	20	14	12	15	12	13	16	
Swedish Edmonds	5.7	8.6	11	15	18	22	16	11	6.9	4.6	7.7	6.4	8.1	5.4	5.9	5.7	8.3	7	1	4.9	1	5	14	28	27	24	19	17	12	8.3	5	1	1	1	1	1	1	1	6.1	7.6	13	15	14	13	11	9.4	9.9	5.1	11	7.7	8.6		

North Sound BH ASO Walkaway Chart 01/16/22 to 07/30/22



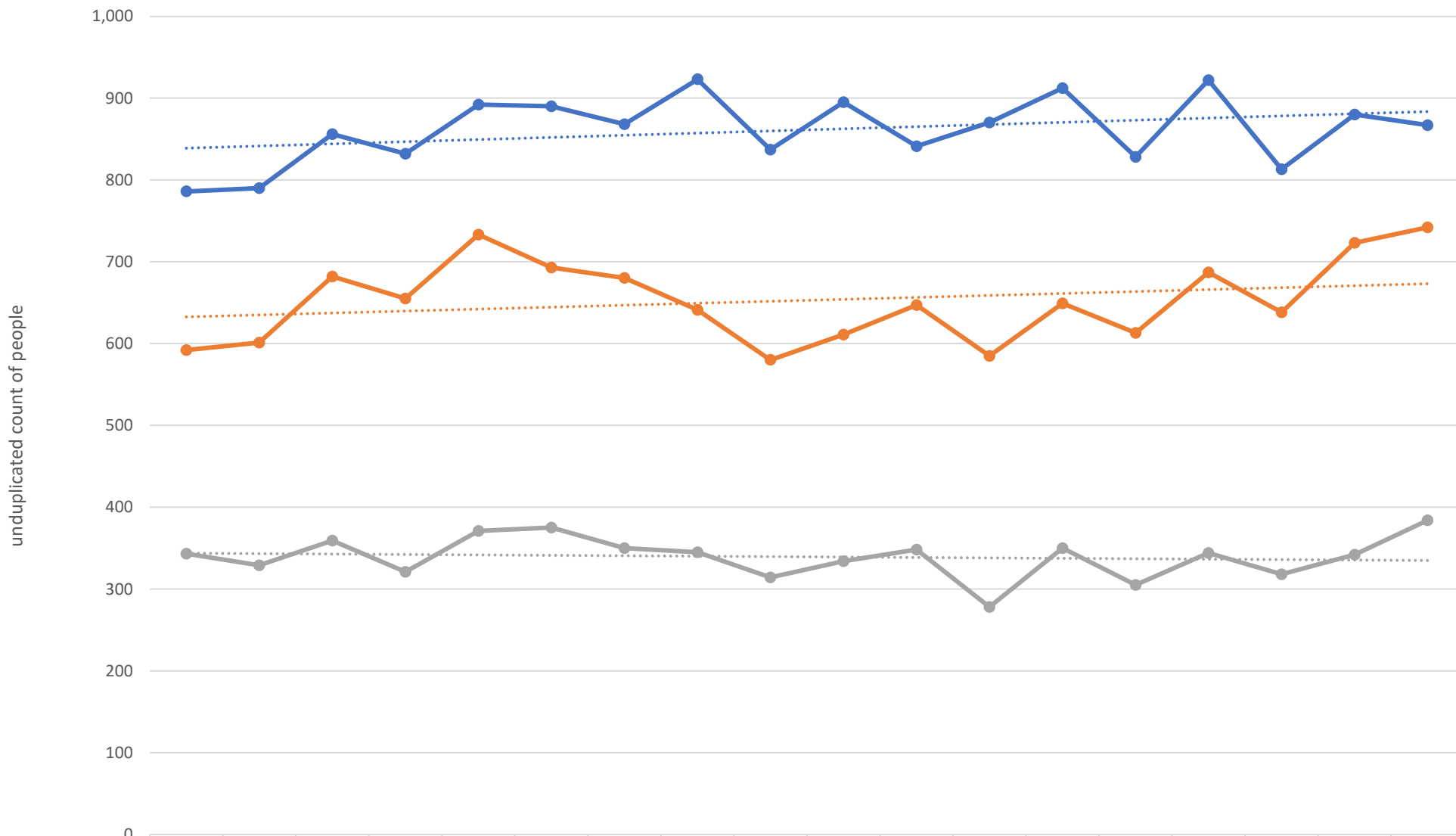
	2022 Week 01	2022 Week 02	2022 Week 03	2022 Week 04	2022 Week 09	2022 Week 11	2022 Week 12	2022 Week 13	2022 Week 15	2022 Week 16	2022 Week 17	2022 Week 18	2022 Week 19	2022 Week 22	2022 Week 24	2022 Week 25	2022 Week 26
Cascade Valley Hospital			3													1	
Island Hospital										1				1			
Olympic Medical Center							1										
Providence															1		
Providence - Colby		1															
Skagit Valley						1			1								
St. Joseph	1				1									1			
Swedish Edmonds															1		
United General											1	1	1			1	
Whidbey Health				2				1				1					
Whidbey Health ED								1							1		1



North Sound Crisis System Dashboard

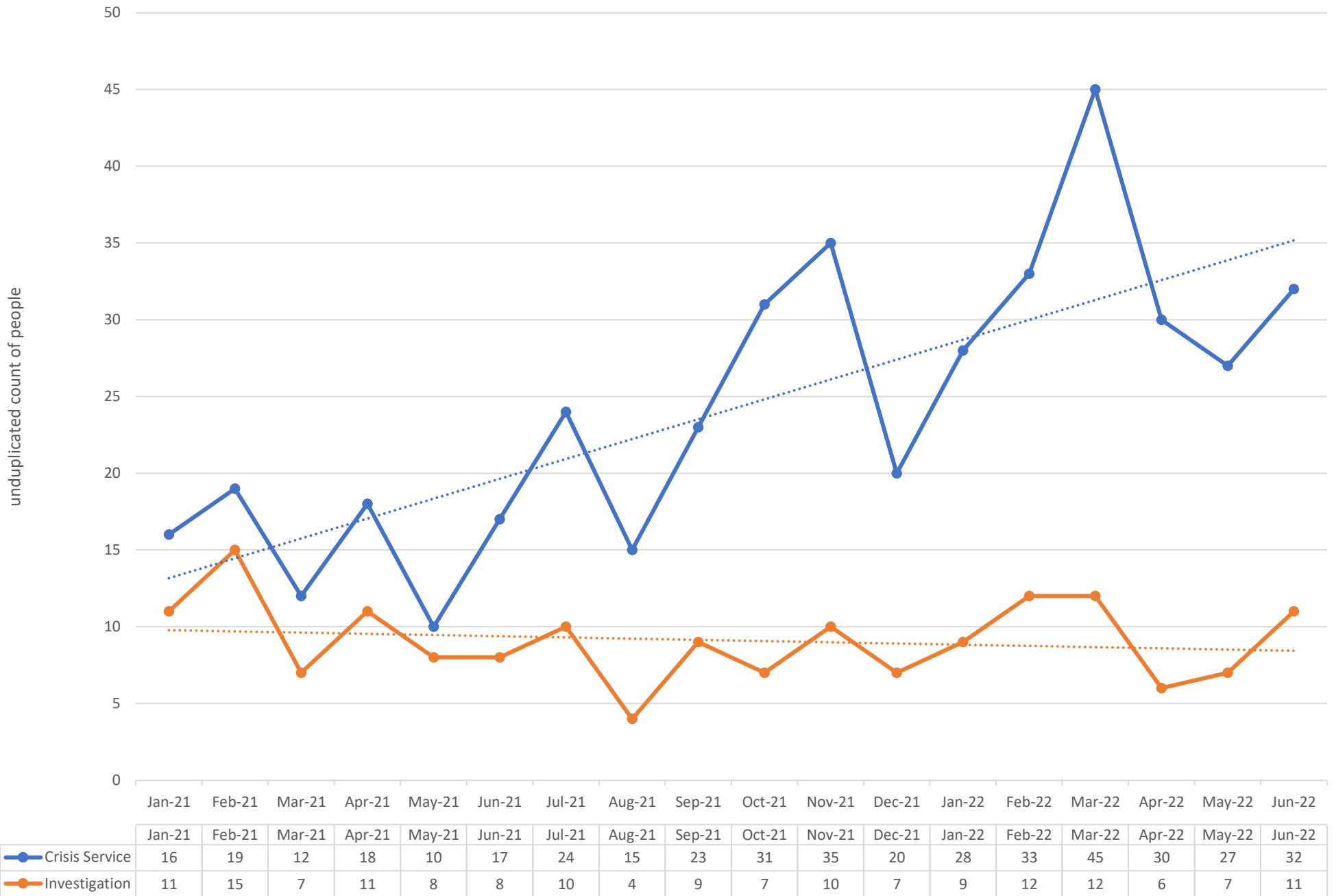
Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

Unduplicated People receiving a crisis system service

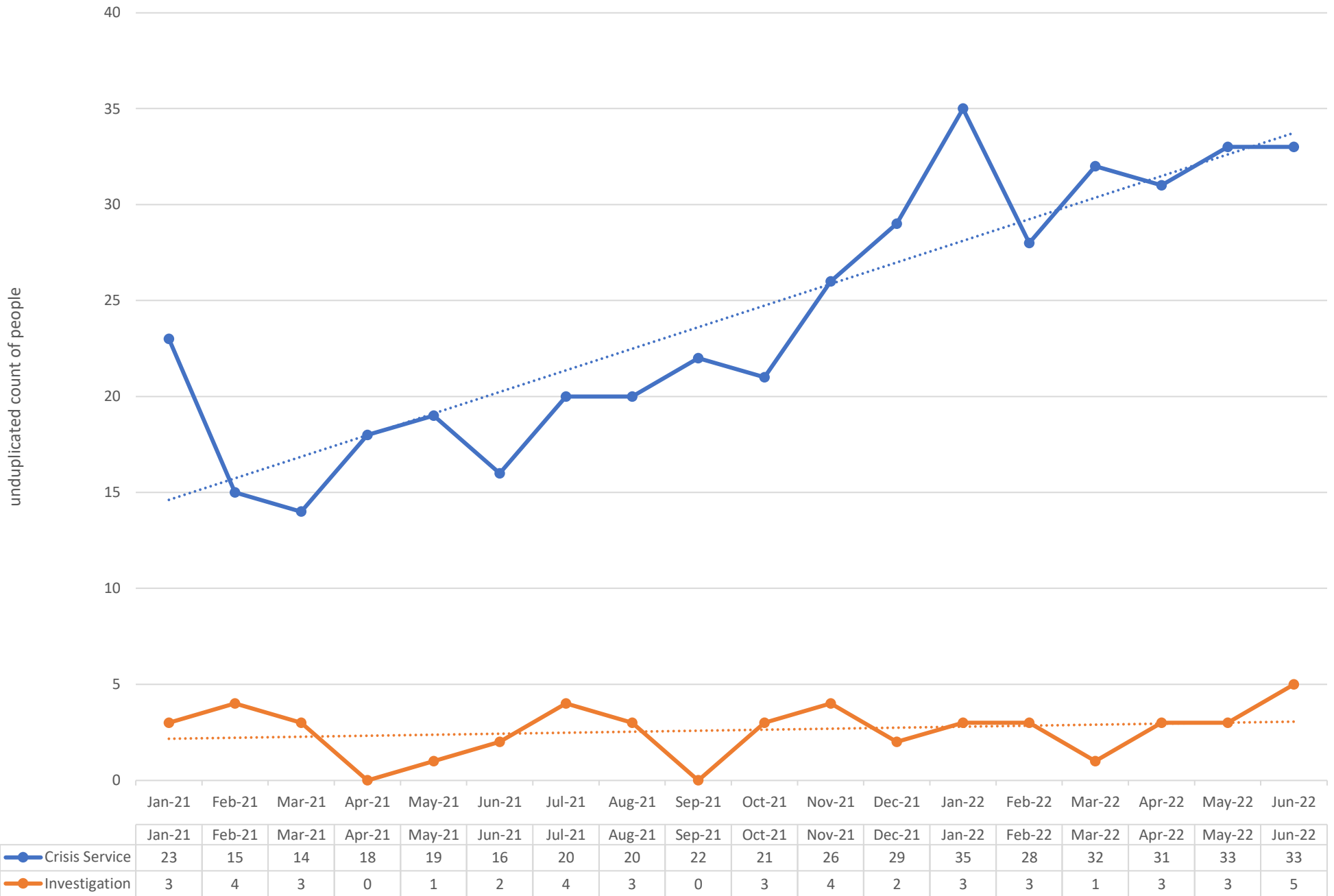


	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22
● Crisis Call	786	790	856	832	892	890	868	923	837	895	841	870	912	828	922	813	880	867
● Crisis Service	592	601	682	655	733	693	680	641	580	611	647	585	649	613	687	638	723	742
● Investigation	343	329	359	321	371	375	350	345	314	334	348	278	350	305	344	318	342	384

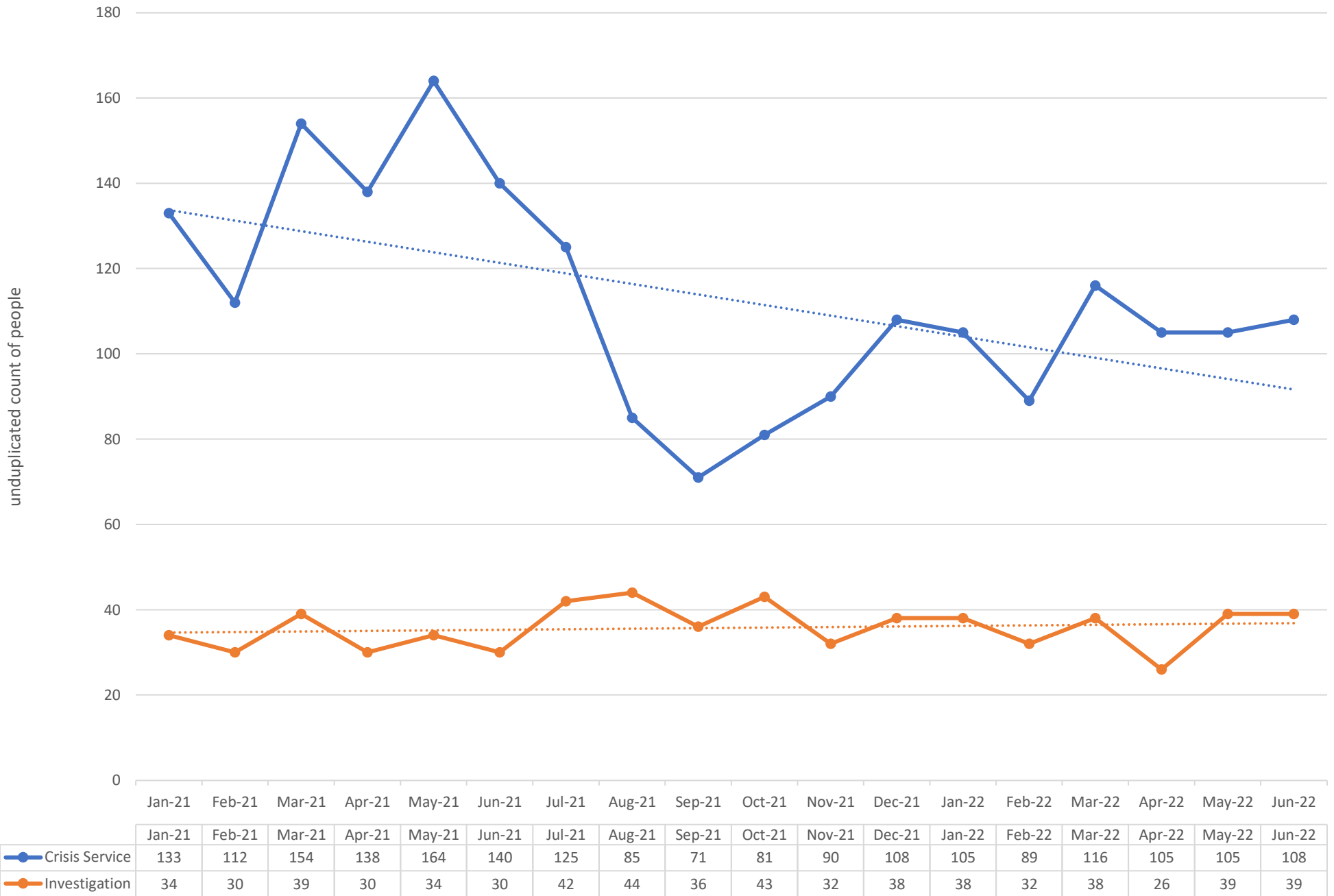
Island - Unduplicated People receiving a crisis system service



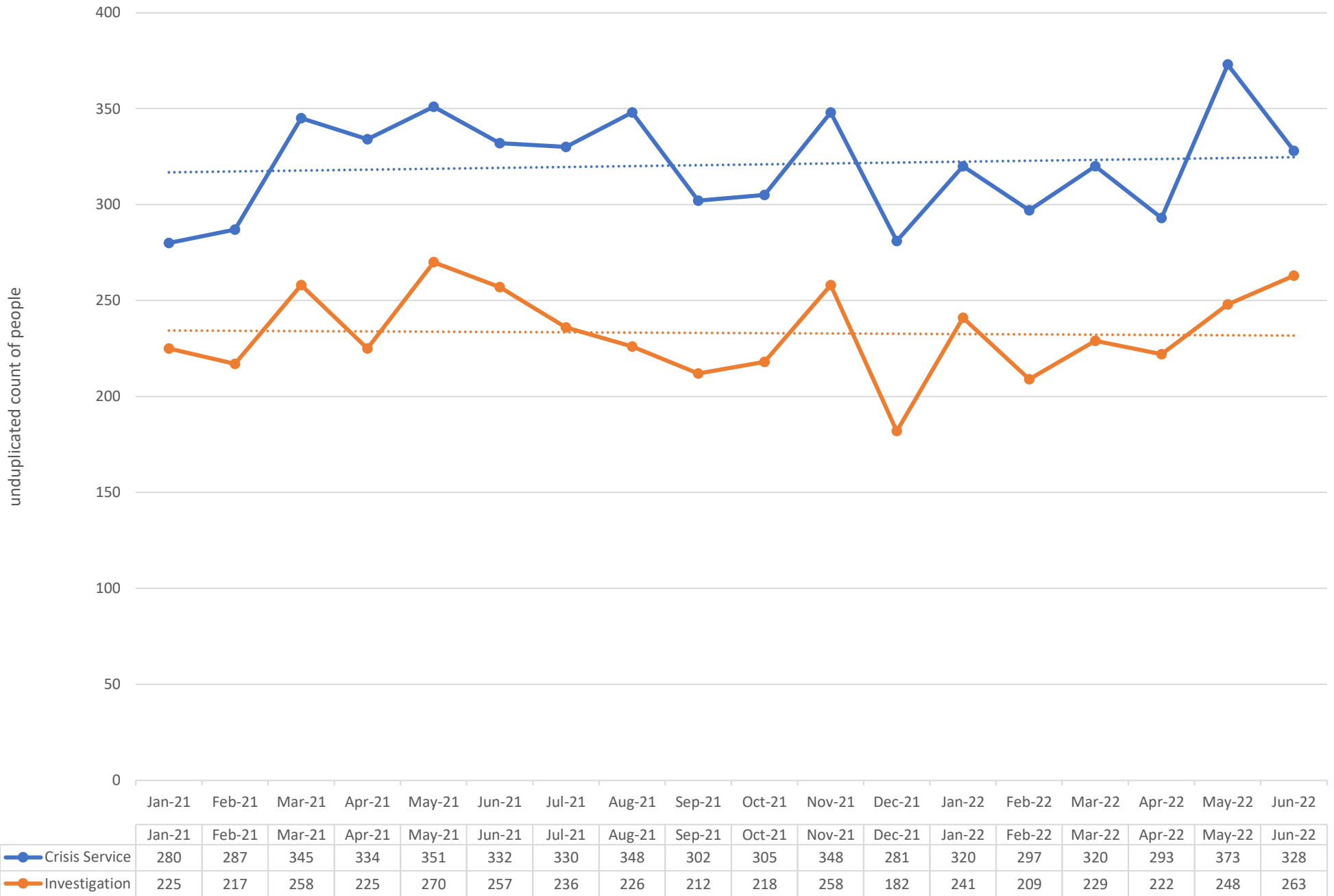
San Juan - Unduplicated People receiving a crisis system service



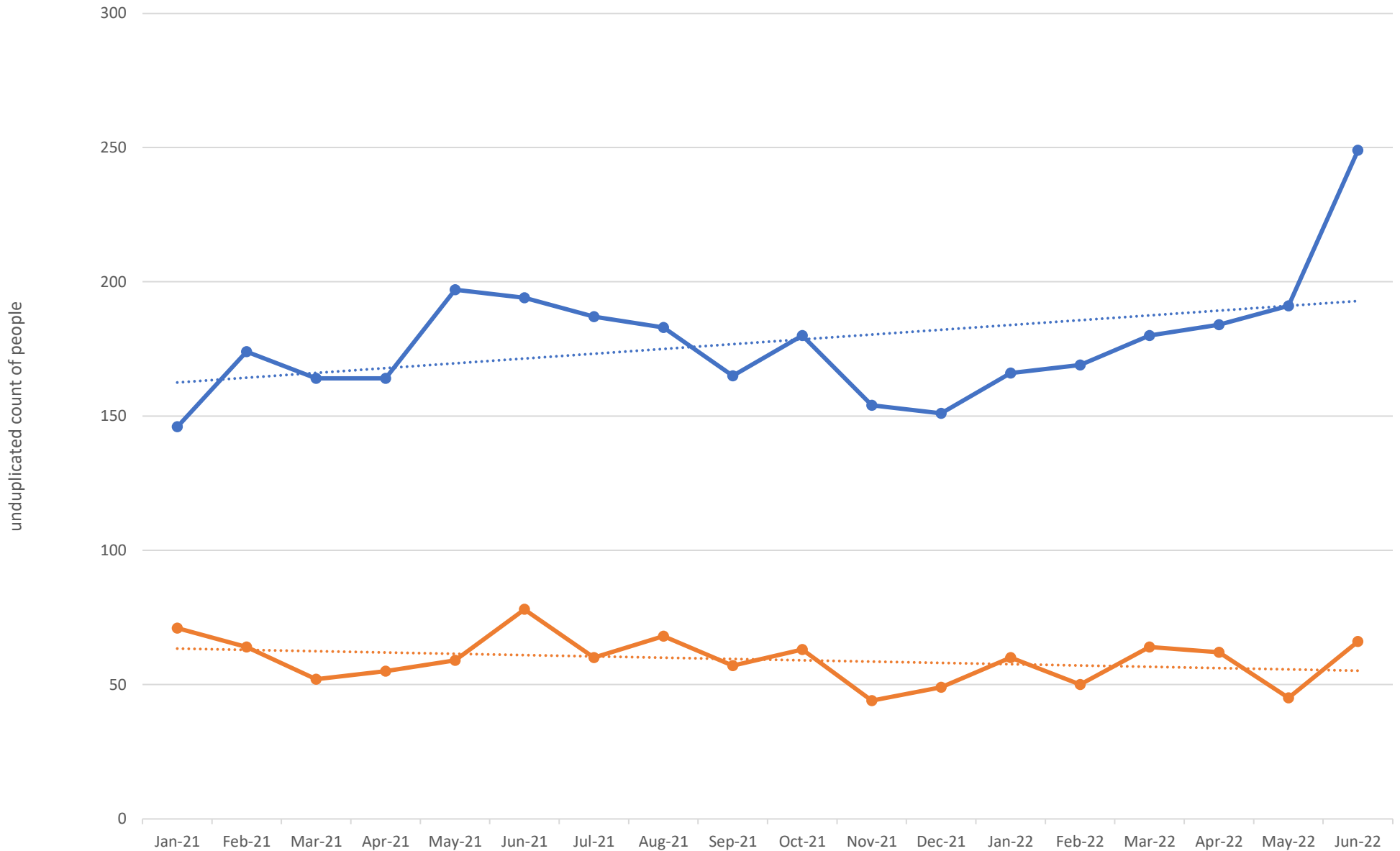
Skagit - Unduplicated People receiving a crisis system service



Snohomish - Unduplicated People receiving a crisis system service

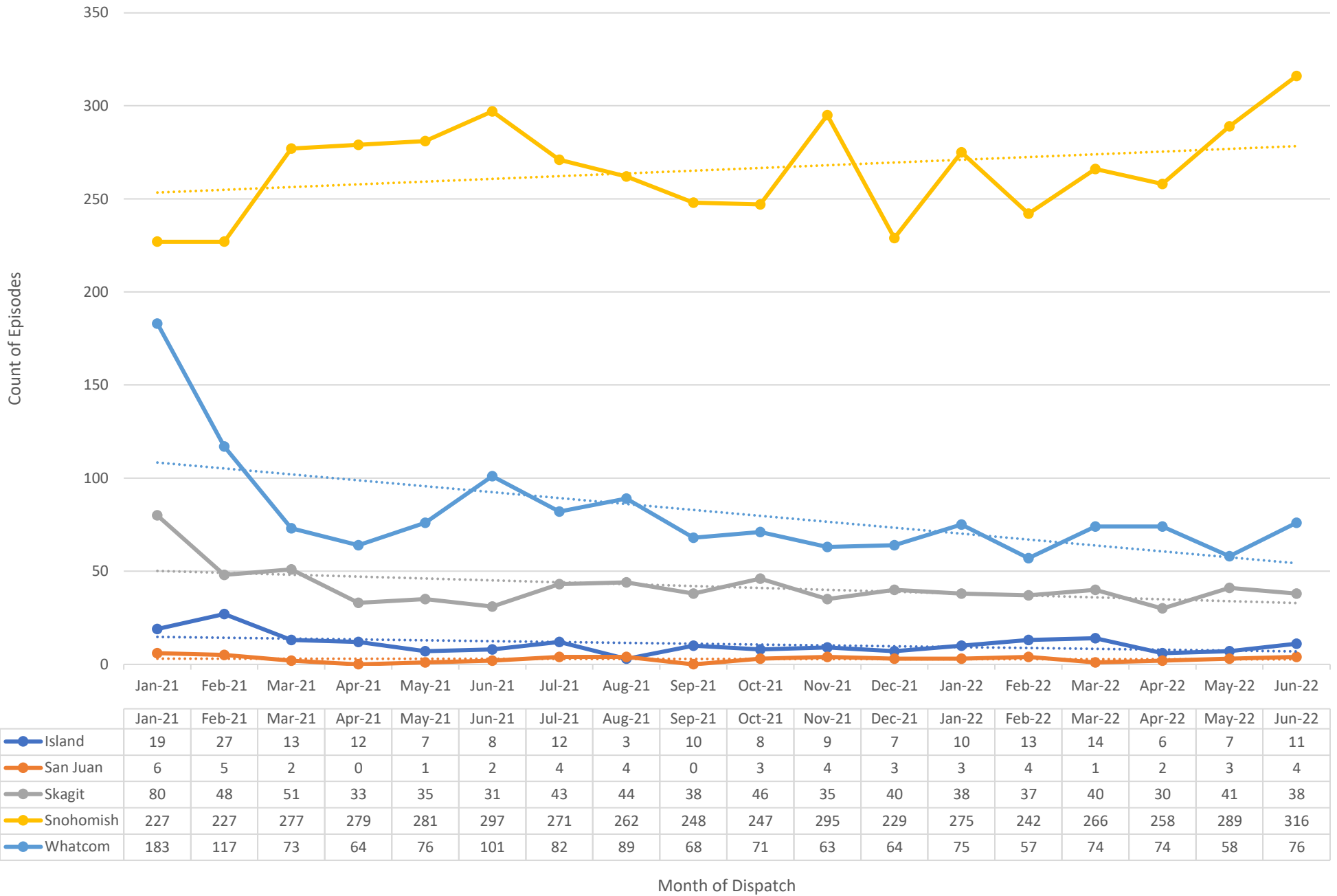


Whatcom - Unduplicated People receiving a crisis system service



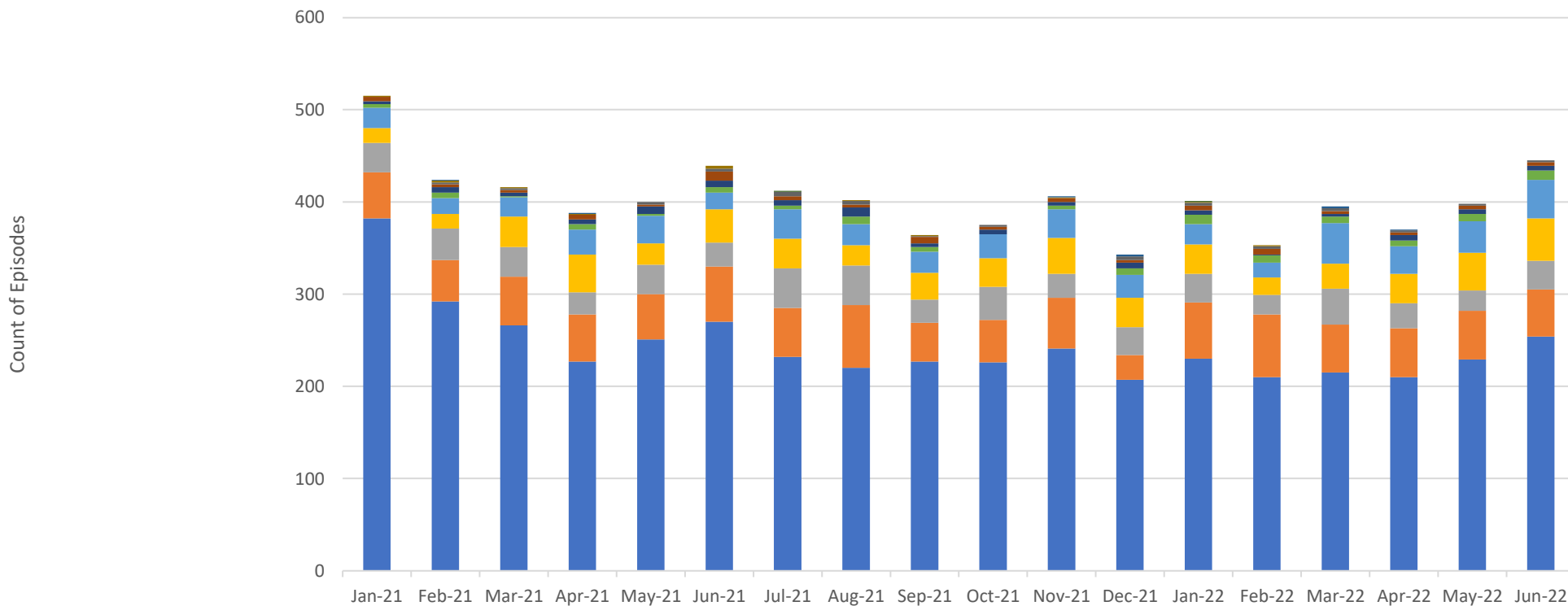
	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22
● Crisis Service	146	174	164	164	197	194	187	183	165	180	154	151	166	169	180	184	191	249
● Investigation	71	64	52	55	59	78	60	68	57	63	44	49	60	50	64	62	45	66

Region Designated Crisis Responder (DCR) Investigations



Month of Dispatch

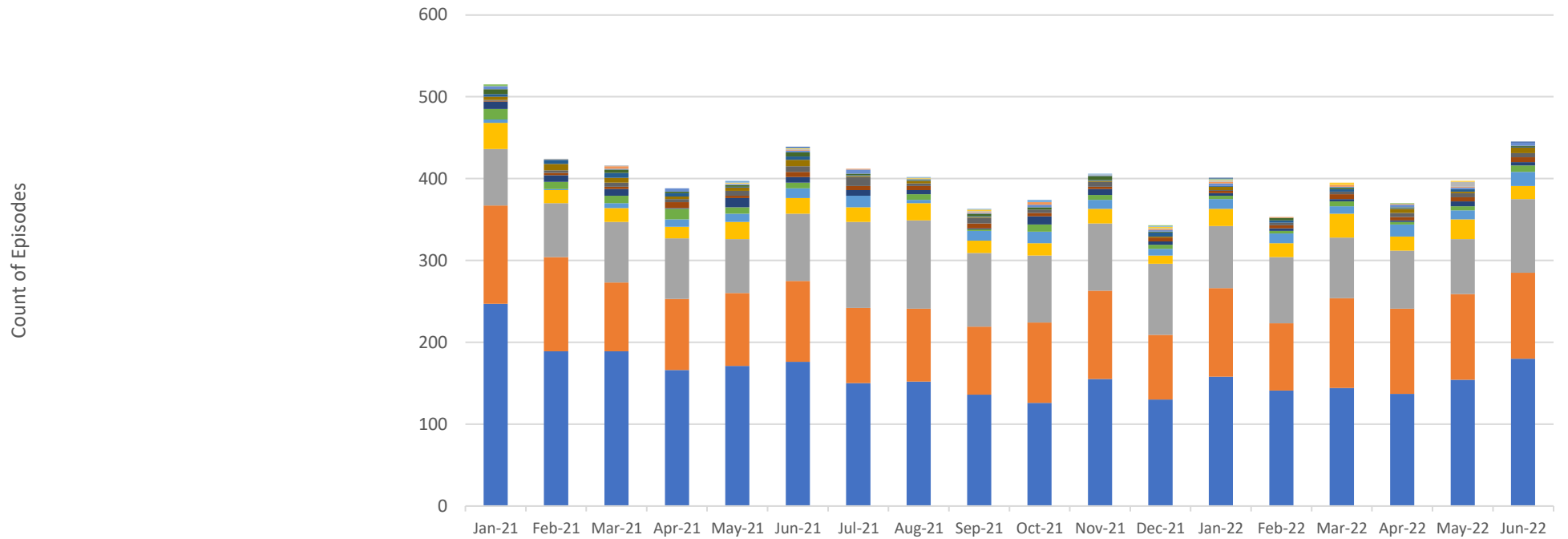
Region DCR Investigation Referral Sources



	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22
Impact Team Law Enforcement Referral	0	0	0	0	0	0	1	0	0	0	0	0	1	0	0	0	0	0
School	0	1	0	1	0	0	0	0	0	0	1	2	0	0	2	1	0	0
Referral from MCR to DCR	1	2	1	1	0	3	0	1	1	0	1	0	1	1	0	0	0	0
Community	0	2	2	0	3	3	5	4	1	2	0	4	3	3	3	2	2	2
Social Service Provider	5	3	3	5	2	10	4	3	7	3	4	3	5	6	3	3	4	4
Care Facility	3	6	4	5	8	7	6	10	4	5	4	6	5	1	3	6	5	5
Legal Representative	4	6	1	6	2	6	4	8	5	0	4	7	10	8	7	6	8	10
Professional	22	17	21	27	30	18	32	23	23	26	31	25	22	16	44	30	34	42
Other	16	16	33	41	23	36	32	22	29	31	39	32	32	19	27	32	41	46
Law Enforcement	32	34	32	24	32	26	43	43	25	36	26	30	31	21	39	27	22	31
Family	50	45	53	51	49	60	53	68	42	46	55	27	61	68	52	53	53	51
Hospital	382	292	266	227	251	270	232	220	227	226	241	207	230	210	215	210	229	254

Month of Dispatch

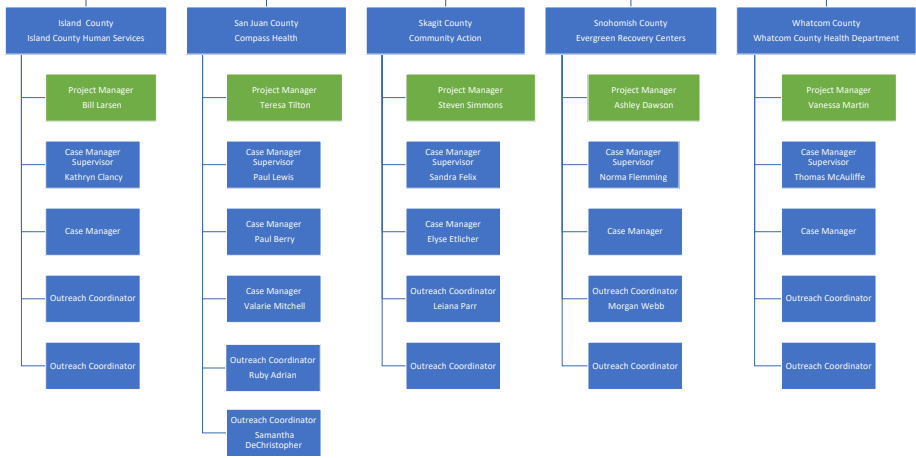
Region DCR Investigation Outcomes



	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22
Referred to sobering unit	0	0	0	0	0	1	0	0	0	0	0	0	1	0	0	0	0	1
Petition filed for outpatient evaluation	2	0	0	0	0	0	0	0	0	0	0	1	1	0	0	1	0	0
Referred to chemical dependency inpatient program	0	0	0	0	2	1	0	1	1	3	1	1	1	0	0	0	0	0
Referred to chemical dependency intensive outpatient program	0	0	0	0	1	1	0	1	2	0	0	2	1	0	3	0	1	0
Referred to acute detox	0	1	1	0	1	1	0	1	1	0	1	1	1	0	0	0	6	0
Referred to sub acute detox	0	0	3	0	0	1	1	0	1	3	0	1	2	1	2	1	1	0
Filed petition - recommending LRA extension.	4	0	1	4	1	2	5	0	1	3	1	2	3	0	1	3	2	4
Detention to Secure Detox facility (72 hours as identified under 71.05)	6	0	4	2	2	5	2	1	3	3	5	1	0	3	2	1	0	1
No detention - E&T provisional acceptance did not occur within statutory timeframes	3	5	6	4	1	4	1	1	1	0	1	5	1	3	3	1	3	1
No detention - Unresolved medical issues	4	8	6	3	4	8	1	3	1	0	1	1	4	0	0	5	2	7
Non-emergent detention petition filed	1	3	5	4	6	7	11	3	7	4	6	0	1	3	3	5	5	5
Referred to crisis triage	1	3	3	7	3	6	5	5	6	4	3	5	3	4	6	4	5	6
Referred to non-mental health community resources.	9	8	8	1	11	7	7	5	1	10	7	4	3	3	3	2	6	4
Returned to inpatient facility/ filed revocation petition.	13	9	9	13	8	7	0	7	2	9	6	5	4	3	6	3	5	8
Did not require MH or CD services	4	1	6	9	10	12	14	4	12	14	11	8	12	12	9	15	11	17
Referred to voluntary inpatient mental health services.	32	16	17	14	21	19	18	21	15	15	18	10	21	17	29	17	24	16
Other	69	66	74	74	66	82	105	108	90	82	82	87	76	81	74	71	67	90
Referred to voluntary outpatient mental health services.	120	115	84	87	89	99	92	89	83	98	108	79	108	82	110	104	105	105
Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	247	189	189	166	171	176	150	152	136	126	155	130	158	141	144	137	154	180

Month of Dispatch

North Sound Behavioral Health Administrative Services Organization
 Regional Recovery Navigator Coordinator
 James Dixon





Mental Health Block Grant 2022-23

Summary of Changes

Introduction

The below is an overview of the changes for the 2022-2023 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Mental Health Block Grant (MHBG) Plan* in comparison to the 2021 – 2022 MHBG Plan. North Sound BH-ASO has a total of **\$1,186,032** MHBG funds for the 2022 – 2023 plan.

Changes/updates are based upon the following:

- Increase of \$75,000 from the original 2021 – 2022 MHBG amount of \$1,111,032.
 - Note: North Sound BH-ASO received an amendment increase of \$75,000 in October 2021, which was allocated to Mount Vernon Police Department for co-responder services.
- Identified funding priorities
- Reallocation of funds from categories due to lack of expenditures (billings received from providers)

Summary of Changes

IMPORTANT: 2021 – 2022 allocations are based on the original 2021 – 2022 MHBG plan and do not reflect the \$75,000 amendment increase that was noted in the introduction.

Category	Subcategory	2022-2023 Allocation	2021 – 2022 Allocation	Overview
Engagement Services	Outreach	\$75,000	\$70,000	<ul style="list-style-type: none"> ▪ Increase of \$5,000 ▪ 2022 – 2023 funding is being provided to the Mount Vernon Police Department for co-responder services ▪ In the 2021 – 2022 MHBG Plan, funding was directed to the GRACE Program in Whatcom County, which is now being funded by the county directly.
Community Support (Rehabilitative)	Traditional Healing Services	\$74,850	\$74,850	<ul style="list-style-type: none"> ▪ No change ▪ Services continue to be provided by Family Haven of the Tulalip Tribes
Out of Home Residential Services	Crisis Residential/Stabilization	\$470,000	\$400,00	<ul style="list-style-type: none"> ▪ Increase of \$70,000 ▪ Allocated amount has been increased as the ASO recognizes the need to provide larger capacity payments to help Crisis Triage doors remain open
Acute Intensive Services	Mobile Crisis	\$566,182	\$566,182	<ul style="list-style-type: none"> ▪ No change ▪ North Sound BH-ASO continues to have two (2) mobile crisis providers serving the five (5) counties in the region



Substance Abuse Block Grant 2022-23

Summary of Changes

Introduction

The below is an overview of the changes for the 2022-2023 North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) *Substance Abuse Block Grant (SABG) Plan* in comparison to the 2021 – 2022 SABG Plan. North Sound BH-ASO has a total of **\$3,314,438** SABG funds for the 2022 – 2023 plan.

Changes/updates are based upon the following:

- Increase of \$25,000 from the original 2021 – 2022 SABG amount of \$3,289,438.
 - Note: North Sound BH-ASO received an amendment increase of \$25,000 in October 2021, which was allocated to Mount Vernon Police Department for co-responder services.
- Identified funding priorities
- Reallocation of funds from categories due to lack of expenditures (billings received from providers)

Summary of Changes

IMPORTANT: 2021 – 2022 allocations are based on the original 2021 – 2022 SABG plan and do not reflect the \$5,000 amendment increase that was noted in the introduction.

Category	Subcategory	2022-2023 Allocation	2021 – 2022 Allocation	Overview
Prevention & Wellness	Outreach to Individuals Using Intravenous Drugs (IUID)	\$816,632	\$816,632	<ul style="list-style-type: none"> ▪ No change in amount ▪ Pregnant and Parenting Women (PPW) included
Prevention & Wellness	Drug Screening	\$0	\$5,000	<ul style="list-style-type: none"> ▪ Decrease of \$5,000 ▪ Funds reallocated due to no billings received from providers ▪ Reallocated to acute withdrawal management
Engagement Services	Assessment	\$0	\$5,000	<ul style="list-style-type: none"> ▪ Decrease of \$5,000 ▪ Funds reallocated due to no billings received from providers ▪ Reallocated to acute withdrawal management
Engagement Services	Engagement & Referral	\$1,041,768	\$1,016,768	<ul style="list-style-type: none"> ▪ Increase of \$25,000 ▪ Additional funds allocated to Mount Vernon Police Department for co-responder services
Outpatient Services	Medication Assisted (MAT) – Opioid Substitution Treatment	\$290,000	\$300,000	<ul style="list-style-type: none"> ▪ Decrease of \$10,000 ▪ Funds decreased based upon billings received from providers ▪ Reallocated funds moved to acute withdrawal management
Community Support (Rehabilitative)	Recovery Housing	\$229,000	\$229,000	<ul style="list-style-type: none"> ▪ No change in amount ▪ ASO continuing funding until utilization increases

Category	Subcategory	2022-2023 Allocation	2021 – 2022 Allocation	Overview
Other Support (Habilitative)	PPW Housing Support Services	\$692,038	\$792,038	<ul style="list-style-type: none"> ▪ Decrease of \$100,000 ▪ Funds decreased based upon lack of billings from providers ▪ Reallocated funds moved to sub-acute withdrawal management
Out of Home Residential Services	Sub-acute Withdrawal Management	\$205,000	\$105,000	<ul style="list-style-type: none"> ▪ Increase of \$100,000 ▪ Expenditures (billings) from providers increasing
Acute Intensive Services	Acute Withdrawal Management	\$40,000	\$10,000	<ul style="list-style-type: none"> ▪ Increase of \$30,000 ▪ Amount includes reallocated funds from Engagement Services – Assessment; Outpatient Services – MAT Opioid Substitutions Treatment; and Recovery Supports – Transportation ▪ Services are provided by Evergreen Recovery Services in Lynnwood, WA
Recovery Supports	Transportation	\$0	\$10,000	<ul style="list-style-type: none"> ▪ Decrease of \$10,000 ▪ Funds reallocated due to no billings received from providers ▪ Reallocated to acute withdrawal management